

News and Views

SOUTH CAROLINA FAMILY AND COMMUNITY LEADERS

"Improving the quality of life through fellowship, education and service"



Fall

SCFCL Website: <http://www.scfcl.com>

2026

October 22, 2026

Annual Meeting

Good Shepherd Lutheran Church

3909 Forest Drive, Columbia, SC 29204

**HOSTED BY
RICHLAND COUNTY**



**REGISTER BY
OCTOBER 5, 2026**

Highlights of the upcoming 2026 Annual Meeting

Food Waste Food Drive
Annual Business Meeting
2027 Education Lessons
New Member Certificates
County President's Certificates
2026 Volunteer Hours Recognition
Great Lunch catered by Southern Way
Recognize 4-H Scholarship Winners
Waste Less Eat Well Post Survey
Waste Less Eat Well Final Reporting
2026 Buff Swicegood Travel Study Award Presentation
and lots more

Allendale County

The Shady Grove FCL Club of Allendale County and member of the South Carolina Family and Community Leaders installed a Community Food "Blessing Box located by the Ulmer Post Office."

Volunteer hours by members are:

Dropping off books to nursing home	9
Grocery Shopping for Shut-ins	12
Caregiver	12
Trips to Dr Appointments	24
Picking up prescriptions for shut-in	12
Attending planning & zoning meetings	12
Delivering food to shut-ins	6
Playing piano in church	55
Taking gifts to nursing home and day cares	4
Attending Annual Meeting	15

Total Hours 161



Pictured are (l to r) members: Margaret Williams, Dianne Cummings and Alice Kirkland

Richland County

Horrell Hill FCL Club hosted the Spring Council Meeting at Mount Elon Baptist Church with 21 members and guests in attendance. Food System & Safety Agent from Clemson University, Faith Isreal (pictured middle right) presented an excellent program "Food Preservation, Debunking Misconceptions and Food Waste." It was an excellent PowerPoint program which fit right in with the SCFCL project "Waste Less Eat Well." Great table decorations, delicious covered dishes were enjoyed by members.

RCFCL will be hosting the 2026 SCFCL Annual Meeting at Good Shepherd Lutheran Church, 3909 Forest Drive, Columbia, October 22. Each club in the county volunteered to take part in the meeting and is looking forward to having attendees from across the state come to Columbia.

Pat and Jim Breznay attended the 2026 ACWW Triennial Conference in Ottawa, Canada. The 31st Triennial World Conference is one of the most important moments in ACWW's calendar. Taking place every 3 years this event brings together ACWW members from all over the world for a week of fellowship, governance and shared purpose. This year 350 members more than 23 countries have been welcomed in Canada's capital to talk honestly about the challenges, the successes, and the way forward in their own societies and to steer together the future of ACWW. Members approved resolutions and recommendations which will inform and inspire activities over the next three years.



Alice Williams accepts 40 year member certificate as daughter Joni Williamson accepts the highest percentage of members in attendance at the meeting for Horrell Hill Club



Meeting was held at Mount Elon Baptist Church with decorations coordinated with the presentation Waste Less Eat Well Project.



Delicious covered dishes were enjoyed by members and guests

Lexington County

Lexington County Family and Community Leaders currently has five clubs and two Associate Members, for a total membership of 57 members. We were pleased to welcome seven new members this year.

The Lexington County Herb Bunch hosted its 14th Annual Herb Festival on April 11 at the Lexington County Museum. The festival serves as the club's primary fundraiser for local college scholarships. Educational seminars were presented on growing and harvesting herbs, while members sold herbs, baked goods, sandwiches, and children's crafts. The festival also provided local entrepreneurs with an opportunity to showcase and sell their products for a nominal booth fee. (pictured bottom right and left)

In addition, organizations and individuals generously contributed cash donations ranging from \$100 to \$500, with all proceeds designated for scholarships. As a result, the Herb Bunch awarded three \$2,000 scholarships this year to Eddie Harmon, Carter Senf and LeeAnn Dalton.

We continue to collect monetary donations and essential items to support children in foster care throughout Lexington County. (pictured top right)

At our October 2025 Annual County Meeting, members donated:

- \$210 in cash
- \$25 in McDonald's gift cards, \$40 in Wendy's gift cards
- 45 Tide Pods, 104 Size 2 diapers
- Small personal care items including shampoo, Conditioner, body wash, body lotion, makeup remover pads, toothbrushes, toothpaste, and soap
- Assorted individually packaged snacks
- Eight crocheted animals (Seven of the crocheted Animals were also donated to Sistercare.)

At our May 2026 County Meeting, members contributed:

- \$45 in cash
- \$50 in Wendy's gift cards, \$40 in McDonald's gift cards
- 104 Size 2 diapers
- 39 regular packages and 45 XL packages of Tide Pods
- Dental floss, toothbrush covers, mouthwash, feminine hygiene items, deodorant, other personal care products
- A large assortment of individually packaged snacks
- Sixteen crocheted animals (Eight crocheted animals were delivered to Foster Care, and six were donated to Sistercare.)

Our Ways and Means Chairman, Judee Shelley, coordinated another successful pecan sale in 2025. Sales generated a net profit of nearly \$325, which will help support the goals and projects of Lexington County Family and

Community Leaders. Orders for the 2026 pecan sale are now being accepted through September 30, 2026, with delivery expected around November 15, 2026.



Four members attended the Spring Central District Meeting, March 10. One member attended the ACWW Triennial World Conference in Ottawa, Canada, April 27–May 1.

One member attended the National Volunteer Outreach Network (NVON) Conference in Wisconsin, July 13–16.

We are currently preparing for our Lexington County Annual Meeting, which will be held on October 5, 2026, at the Lexington County Extension Building. Our speaker will be Dale Morrow, SCFCL Project in Common with NVON Chairman, who will share information on reducing food waste in support of our State Project, "Waste Less, Eat Well."

As we look ahead, Lexington County Family and Community Leaders remain committed to serving our community through education, volunteer service, leadership development, and support for projects that strengthen families and improve the quality of life throughout our county.

Kershaw County

The Kershaw County Family and Community Leaders (FCL) organization continues to make a meaningful impact across the county through service, outreach, and fellowship. With two active clubs and 21 dedicated members, Kershaw County FCL remains committed to improving lives and strengthening the community through volunteer efforts and charitable giving.

This year marked a special accomplishment as Kershaw County FCL members hosted the Central District Spring Meeting. Members enjoyed a productive day of fellowship, business, and community engagement. The Parker FCL Club played a key role in hosting the event, creating beautiful table centerpieces that were raffled off after the meeting, raising \$60 for club activities.



The Mt. Pisgah FCL Club demonstrated its spirit of service by collecting junior legal pads, toothbrushes, toothpaste, bar soap, hard candy, and stamped embossed envelopes for Christmas care packages destined for prison inmates. Donations were delivered to the Kershaw County Baptist Association (pictured left top & bottom), where club members also volunteered to help organize and prepare the packages for distribution. The club further supported local youth by contributing a variety of school supplies, including pencils, pens, crayons, glue sticks, folders, and scissors, for the community

Back-to-School Bash (pictured right). Throughout the year, members also participated in educational programs by studying South Carolina FCL state lessons.



The Parker FCL Club extended its community outreach through gardening projects that provided fresh produce to residents. One member's abundant plum harvest was shared with neighbors through a free community giveaway, promoted on social media and made available from the member's driveway. The effort allowed numerous families to enjoy fresh fruit while fostering a spirit of generosity and community connection.

Both the Parker and Mt. Pisgah clubs joined together in several community service projects during the year. Their contributions included a \$100 donation to Food for the Soul, 35 handmade hat-and-scarf sets for the Council on Aging, and a \$100 donation to the Green Hill Baptist Church Food Bank. These efforts reflect the clubs' ongoing dedication to addressing community needs and supporting local organizations that serve vulnerable populations.

As Kershaw County FCL looks ahead, members remain grateful for opportunities to serve and are committed to continuing their tradition of community leadership and volunteerism. Through their combined efforts, the Parker and Mt. Pisgah clubs exemplify the mission of Family and Community Leaders by making a positive difference throughout Kershaw County.



Kershaw County FCL members hosted the Spring Central District Meeting in Camden at Our Lady of Perpetual Help Catholic Church.



Parker Club members hosted a community plum giveaway



Members of the Williamsburg County Family and Community Leaders (a county member of South Carolina Family and Community Leaders, SCFCL) presents a check to Williamsburg County Library to assist with their Summer Reading Program.

SCFCL State Project 2025-2027 in Common with NVON “Mental Health Awareness and Mental Health Wellbeing”

Report Form Deadline: October 1, 2026

MENTAL HEALTH AWARENESS AND WELLBEING

*Break the Stigma. Ignite Hope.
Mental Health Matters*

We will increase awareness in our communities through:

- education programs
- mental health first aid training
- sponsoring community events
- fundraising for local and national mental health groups
- sharing the 8 dimensions of wellness
- partnering with other organizations and businesses

Mail Report Forms to: Dale Morrow, SCFCL Project Chair
sirjohn@comporium.net
152 Theo Jumper Rd, Swansea S.C. 29160



The Wellness Wheel is a strength-based model building on people's daily habits and routines while shaping new ones. The Wellness Wheel focuses on 8 important dimensions of wellness: emotional, physical, financial, social, occupational, environmental, intellectual, and spiritual.

Although everyone's needs are unique, there are 8 dimensions of wellness that help us thrive and reach our personal health goals.

Each county should bring small county flag, one \$10.00 gift card and one door prize.



Each attendee bring a non-perishable food item.



REGISTRATION FORM

South Carolina Family and Community Leaders
2026 Annual Meeting
Waste Less, Eat Well, Don't Waste a Bite!
Thursday, October 22, 2026
Good Shepherd Lutheran Church
3909 Forest DR, Columbia, SC 29204

****Please fill out a separate form for each person attending****

Bring Non-Perishable Food Items to donate to Good Shepherd for those in need.

Name _____ Phone/Cell _____
Address _____ County _____ City _____
State _____ Zip _____

Email _____ Email Confirmation _____ Y _____ N

Please check all that apply:

Member ____ Guest ____ Advisor ____ Voting Delegate ____ First time attending a SCFCL Annual Meeting ____
Board Member ____ Current State Office _____

List Special Dietary or Health Needs _____

Registration includes Lunch

Mark (X) by meat you would like (add \$8 more for Beef)

- ☐ Grilled Chicken Breast \$ _____
☐ Sliced Beef Tenderloin (Add \$8.00) \$ _____
(Southern Way Catering)

\$30 for member Registration \$ _____

\$40 for non-member Registration \$ _____

\$10 Late fee for postmarks after Oct. 5, 2026 \$ _____

TOTAL \$ _____

Emergency Contact _____

Name _____

Relationship _____

Phone # _____

Make check payable to: **South Carolina Family and Community Leaders (SCFCL)**

Mail form and check to: **Joni Williamson, 720 Willie Wilson Road, Eastover, SC 29044**
ATTN: Alice Williams, Conference Registration Chair

Meeting Chair: **Joni Williamson, (803) 223-4991 cell-if no answer, leave message**

ALL FEES ARE TRANSFERABLE - NOT REFUNDABLE (for this Meeting)



2026 Annual Meeting Schedule

South Carolina Family and Community Leaders

Waste Less, Eat Well, Don't Waste a Bite!

Thursday, October 22, 2026

Good Shepherd Lutheran Church, 3909 Forest DR, Columbia, SC 29204

9:30-10:00 am	Registration	Alice Williams
	Voting Delegates sign in	Eather Evans
	Refreshments	Richland County Members
	Gift Basket Cards & Door Prize Drop Off	
	SCFCL Sales Table Open	
	Gift Basket Ticket Sales Open	
	"Food Waste" Food Drive	Attendees donate items
9:50	Procession of Flags	County Representatives
	Sing "God Bless America"	Everyone
10:00-10:30	Welcome	Joni Williamson
	Devotion	Alice Williams
	Flag Salutes	Susan Uehling
	SCFCL Creed	Dale Morrow
	SCFCL Song	Lois Anderson
	Missing Member Ceremony	Pat Breznay
10:35-12:00	ANNUAL BUSINESS MEETING	
	Call to Order	Pat Breznay
	Voting Delegates-Roll Call-Minutes	Betty Osgood
	Treasurer's Report	Silverteen Mitchum
	Proposed Budget & Vote	Silverteen Mitchum
	State Projects Reports-Mental Health Awareness	Dale Morrow
	2027 Education Lessons	Connie Lake
	New Member Certificates	Eather Evans
	County President's Certificates	Eather Evans
	President's Report	Pat Breznay
	Recognize First Timers, New Members, Agents & Guests	
	2026 Volunteer Hour Reporting	
	NVON and ACWW Reports	Pat Breznay
	Nominating Committee Report	Betty Osgood
	Tellers Committee Report	Eather Evans
	Election of Officers-Report of Election	Eather Evans
12:00-12:45 pm	Blessing LUNCH (Collection for 4-H Scholarship)	Lois Anderson
12:45-1:00	Recognize SCFCL's 2026 4-H Scholarship Recipients	
	Dacey Abruzzino-Union County and Maddison McCree-Chester County	Connie Lake
1:00-1:25	Waste Less Eat Well-2026 State Project	Pat Breznay
1:25-1:50	2026 Buff Swicegood Presentation	Myeesha Lance
1:50	Announce 2027 BSTSA Recipient	Pat Breznay
	Installation of Officers	Connie Lake
	Recognition of Outgoing Officers	Pat Breznay
	Invitation to 2027 Annual Meeting	Calhoun County
	Closing Remarks	Connie Lake
	Announcements	Pat Breznay
	Door Prizes and Gift Card Drawing	District Directors
	Flag Recession	County Representatives
	Sing "Let There be Peace on Earth"	Everyone
3:00	Adjourn	Pat Breznay



Waste Less, Eat Well SCORECARD

Your Journey toward a Waste Free Kitchen



Name _____ County _____

Action	Daily	Weekly	Monthly
One night a week have a "Leftover Night" Or Eat leftovers for lunch			
Turn leftovers into a new meal!			
Freeze leftovers!			
Shop with a grocery list. Use what you have before you shop for more.			
Read the SCFCL Lesson "Reading & Understanding Food Labels". You can find a obtain at http://www.scfcl.com/2026-education-lessons			
Read the SCFCL Lesson "Food Product Dating Understanding Labels, Reducing Waste, and Staying Safe". You can obtain a copy at http://www.scfcl.com/2026-education-lessons			
See what edible items you throw out in a week and make a plan to reduce.			
Read the SCFCL Lesson "Reducing Food Waste". You can find a obtain at http://www.scfcl.com/2026-education-lessons			
Plan meals for the week.			
Make a meal out of unused ingredients			
Cook the right portion size with no leftovers			
Eat food past the best before date if it looks and smells okay!			
Make a meal that helps you use food that might have been tossed.			
TOTAL			

1 - 3 = Great Start!
4 - 6 = Keep Going!
7 - 10 = Keep it up!
11 - 13 = You're a Food Waste Superstar!

Prevent food waste in your home!
Complete as many activities as you can
to practice new ways to reduce waste
and save money.

Bring this form October 22 to State Meeting or send to Pat Breznay by October 1
6 Valhalla Court, Columbia, SC 29229, pbreznay@sc.rr.com, 803.736.6535



Individual Volunteer Form

SCFCL is asking members to fill in a form similar to this Form with minutes volunteered for South Carolina Family and Community Leaders. NO part of this form will be shared with or used by anyone other than our organization. Only Total Numbers collected will be shared except (per requests) so we can see how much volunteering helps improve the quality of life for families in our communities in our state. Each Club might get a volunteer to collect the volunteer hours at monthly meetings, send your total volunteer hours to your county president or a county volunteer. The volunteer hours are collected June 15 and December 15 on a form at scfcl.com using "SCFCL Volunteer Reporting Form."

In the past we collected volunteer time but haven't kept track of volunteering in a while. It's amazing how many hours a day you spend volunteering. The below form is categorized into boxes for easy reporting. Listed are suggested items you might consider when thinking of places where you volunteer and for what, but you can include your own items to the list.

Thanks for your help in reporting. I'll let you know in the 2026 Spring News and Views how many hours we have volunteered and how much money we have donated to South Carolina at \$31.80 per hour (suggested by IRS.)

SUGGESTED ITEMS

Club/County

club/county business

Preparing/presenting ed lessons

State

Board Meetings

Spring District Meeting

Fall District Meeting

Annual Meeting

State Project

Associated Organiz.

ACWW/CWC/NVON

ACWW

CWC,USA

NVON

Other

Community Partners

SisterCare

Meals on Wheels

Salvation Army

Nursing Homes

Food Banks

Other

Environment

Plant Sales

Gardening

Recycling

Emergency Preparedness

Other

Family/Youth

4-H

Girl Scout

School Activities

Important Legal Documents

Financial Issues

Computer/Scams/Privacy

Other

Food/Nutrition

Food Storage/Safety

Canning/Preserving

Prescription/Drugs/Supplements

Carbohydrates/Breads/Sugars

Other

Health/Fitness

HBP/Cholesterol

Diabetes

Heart

Communicable Disease

Weight Issues

Exercise/Physical Fitness

Other

2026	Club Conty	State	Asoc Orgns	Com Partns	Envir	Envir	Famly Youth	Famly Youth	Food Nutr	Food Nutr	Helth Fitnes	Helth Fitnes	Donat
	Hrs	Hrs	Hrs	Hrs	Hrs	Peopl Rched	Hrs	Peopl Rched	Hrs	Peopl Rched	Hrs	Peopl Rched	\$
Jan													
Feb													
Mar													
Apr													
May													
Jun													
Jul													
Aug													
Sep													
Oct													
Nov													
Dec													

January 1-June 31, 2026 members volunteered 7,700 hours @ \$31.50ph for a total of \$242,550.00 donated free to communities in South Carolina.

**2026 4-H SCFCL Scholarship Winners
announced at State Awards Banquet, Clemson
University**



Dacey Abruzzino-Union County



Maddison McCree-Chester County

Contributions to Nickels for South Carolina Youth are voluntary donations by FCL members. Starting 2019, two \$1,000 scholarships are given to deserving 4-H students from money collected by members. Clemson University Family and Youth Development Department directs these funds for us presenting the scholarships to 4-H youth of our state at the annual 4-H State Congress.

Officers needed for 2027

SCFCL President and Secretary

Our organization is 105 years old. We have been a major volunteer organization in South Carolina and many organizations depend on us for activities and events in our communities, donate time to those in need, supply food to family, church and community members, and keep our members educated on topics of interest and up to date on the needs of people we meet.

We need for others to STEP UP and be a part of our FUTURE!

Online you can download the Officers Form by visiting scfcl.com. Our organization cannot survive without officers. Please give any member of the board a call if you have questions and mail your form to me.

Pat Breznay, 2024-2026 President
6 Valhalla CT
Columbia, SC 29229-3311
(803) 736-6535

In loving Memory

Rose Brown Manuel, Allendale County
Evelyn Griner, Hampton County
Anne Addy, Lexington County
Becky Kitchens, Lexington County

If you have someone in your county that has passed away, please send me an email or give me a call.

A note from SCFCL Advisor

Change

We are always changing. Change is a part of life. It seems like every time I turn around, something is changing. I just had to get a new laptop for my Clemson work. What a change in technology that it has.

As many of you know, we had a recent change in administration at Clemson with a new President of the University. Clemson University's new president is Benjamin C. Ayers, Ph.D., who began his five year term on August 1, 2026, as the university's 16th president.

Ayers was unanimously chosen by Clemson's Board of Trustees on July 9, 2026, after the first pick withdrew from the role citing personal reasons. The Board quickly reaffirmed Ayers as the unanimous choice, citing his experience, vision, and enthusiasm for Clemson.

Before joining Clemson, Ayers served for over three decades in higher education, most recently as senior vice president for academic affairs and provost at the University of Georgia. In that role, he oversaw UGA's 20 schools and colleges, launched a new School of Medicine, established the Victoria Kay Ivester School of Nursing, and expanded study abroad to rank among the top five U.S. public universities. He also led UGA's Terry College of Business for 11 years, raising over \$300 million for scholarships, faculty, and facilities.

Benjamin C. Ayers is Clemson's new president, bringing extensive academic leadership experience from UGA, a focus on financial stability, modernization, and community engagement, and a five year term starting August 1, 2026.



Connie Lake

A message from the SCFCL President

Hello SCFCL members. This is the last year of my 2024-2026 term. It has been a privilege to serve as SCFCL President. The Nominating Committee is working hard to find someone to fill my position and the SCFCL Secretary's position. The committee has found someone to fill the Coastal District Director's position and at the Annual Meeting in October, the Coastal District members will (one delegate per county) vote. No one has stepped forward for the president's or secretary's position but they are still searching for a volunteer.

Silvertean Mitchum, SCFCL Treasurer has undergone hip surgery and is recuperating in Georgia where her daughters are taking great care of her. If you would like to drop her a good luck recovery note, her email is on the back cover of this issue. A get well note from friends is always a pic-me-up.

Richland County will be hosting the Annual Meeting at Good Shepherd Lutheran Church, 3909 Forest Drive, Columbia. Host counties go to a lot of work preparing for these meetings, so send in your registration by October 5, before the \$10.00 late fee should be added. Listed on the cover is just some of the items packed in our one-day meeting.

Don't forget to send in your end-of-the-year county reports by October 1 so the certificates can be prepared.

Several counties have submitted their Volunteer County hours so if you have not sent yours, please send them in to me so your county can be included in the total count.

Dale Morrow, 2026-2028 Mental Health Awareness chair, would like to make a successful final first year report at the meeting. The report form is on SCFCL's website and is easily available to copy at: scfcl.com

And finally the **Waste Less Eat Well** Special State Project will conclude at the Annual Meeting. As we have partnered with Clemson University's EFNEP program, we hope you have been filling out the SCORECARD we handed out at the Spring District Meetings and please bring it to the Annual Meeting. We hope you have shared information learned about **Food Waste** with family and friends. Meal planning, budgeting, using leftovers creatively, and proper food storage techniques help us all minimize spoilage and have less waste.

Thanks again for your support over the years and look forward to seeing many of you October 22 in Columbia.



Pat Breznay

2026 SCFCL Officers

President

Pat Breznay
(803) 736-6535
pbreznay@sc.rr.com

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Coastal District Director

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2026 SCFCL Advisors

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SCFCL

6 Valhalla CT

Columbia, SC 29229-3311

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Columbia, SC
Permit No 209



Go to Facebook on your browser (internet explorer, chrome). Once you have set up a Facebook account and created a password, then sign in. Now that you are signed in, type in the Facebook search box: **South Carolina Family and Community Leaders**. In order for you to receive newsfeeds, you must "Like" the page.

Be sure to invite your friends!

Go Paperless

If you are a member and would like to receive the semi-annual newsletter by e-mail to save paper, notify Pat Breznay at pbreznay@sc.rr.com and request to receive both spring and fall issues by e-mail.

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"News and Views" is a publication of the South Carolina Family and Community Leaders and is published semi-annually. For questions contact Editor, Pat Breznay, 6 Valhalla Court, Columbia, SC 29229-3311 (803) 736-6535 pbreznay@sc.rr.com