

CELEBRATING

100
YEARS 1921 - 2021



1921 - 1957



1957 - 1966



1966 - 1992



1993 - 1995



1996 - 2021

South Carolina Family and Community Leaders

News and Views

Spring

2021

"Improving the quality of life through fellowship, education and service" for 100 years



On June 7, 1921, while the state home demonstration short course was in session at Winthrop University, home demonstration club members, representing 33 counties, organized the South Carolina Council of Farm Women with three organized county councils and 200 members. South Carolina was the third state to organize such a state council having been preceded by Indiana and North Carolina.

In 1957, the headquarters of the home demonstration office was moved to Clemson University and the name changed to South Carolina Home Demonstration Council.

In 2021, members are meeting on the internet using computers and smart phones.

SCFCL is affiliated with Associated Country Women of the World (ACWW), Country Women's Council USA (CWC), National Volunteer Outreach Network (NVON) and in partnership with Clemson University Cooperative Extension Service

Central, Coastal, Foothills District Meetings

Due to the COVID-19 Pandemic
***ALL Spring in-person meetings are being held (TEMPORARY)
using the internet online (ZOOM) or TELEPHONE***

The SCFCL Spring District Meetings will be held online due to COVID concerns. Clemson Extension Rural Health and Nutrition Agents have agreed to host the online meetings and deliver an educational lesson titled, "Know Diabetes by Heart." Following the lesson, SCFCL will have the district business meeting.

You can use any desktop or laptop computer with internet access to register and take part in your district meeting. You are also able to use a smartphone with internet access to register and view your district meeting.

You are also able to use a house phone to call into the meeting but much of the meeting will require viewing. And, it is NOT a toll-free call. To join the meeting by phone, call **1-929-205-6099**; when prompted, enter meeting **ID: 949 2451 3609**.

Please complete the registration information at the appropriate link. After you have registered, you will receive an email with instructions on how to log into your district meeting. The day of the meeting you will receive a reminder email about the meeting.

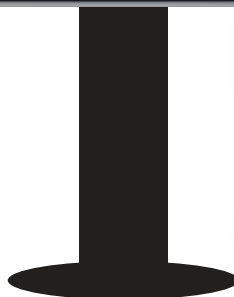
*****REMEMBER*****

**You must register online at the link below in order to get access to the meeting.
Registration deadline is 24 hours prior to meeting**

CENTRAL District Meeting is scheduled for March 16 at 10 a.m.
Central District Meeting, register online at <https://scfclspringdistrictmeeting.eventbrite.com>

COASTAL District Meeting is scheduled for March 17 at 10 a.m.
Coastal District Meeting, register online at <https://scfclspringdistrictmeeting.eventbrite.com>

FOOTHILLS District Meeting is scheduled for March 23 at 10 a.m.
Foothills District Meeting, register online at <https://scfclspringdistrictmeeting.eventbrite.com>



Coastal District

Beaufort, *Berkeley, Charleston, *Clarendon, Colleton, Dillon, Dorchester, *Florence, *Georgetown, Hampton, Horry, *Jasper, *Marion, and Williamsburg

* by a name means no FCL members in the county

Charleston County

Like everyone, experiencing early 2020 and into 2021, is a time we will never forget! Social distancing and wearing masks became our norm and each and everyone has felt the impact one way or another. As FCL members we had to discontinue our monthly meetings and many activities we annually looked forward to. It was quite a change not to be involved in our Coastal Carolina fair preparing, setting up, and being a part of various activities. Repairing "Teddy Bears" in Hampton Park had to be canceled as well. We missed the fellowship of our club meetings and eagerly awaiting when they can resume.

A few of our members experienced Covid 19. Fortunately the cases were light and each recovered within a short time. As Covid 19 became a reality several in the club made masks for friends, family members and folks in the community. (Pictured below) With fabrics scraps and elastic on hand, it was easy to find patterns on the internet then make the

masks for family and friends.



One of the club members was gifted some 4-H fabric. During those extra social distancing hours tissue holders were made for club members, State SCFCL officers and a 4-H club. (Pictured on right)

Three members are involved in a weekly one-hour virtual health and fitness program with emphasis controlling and/or preventing diabetes.

In regard to the state project, 180 cloth bags have been made and filled with suggested project items and delivered to the James Island Outreach. We will continue to collect items and make more bags.

Feeding the homeless still continued but with a different twist in putting together the meals and serving. The 4th Sunday of each month lunches are served between 70 to 75 folks. During the summer pack lunches were assembled and handed out. Hot meals resumed in August. Also toiletries were collected and distributed. Fifty blankets were donated and handed out. These projects still continue.

Thankful for cell phones, computers as great alternatives keeping up with club members. Each are awaiting when face to face meetings can resume.

Dorchester County

The Campbell Thicket Club hasn't met in person since March 2020 due to the Corona Virus, but we are happy to report that it didn't stop us from performing community work. Members made and donated more than 200 masks to people within and outside of the community.

We were well represented when it came to baked goods. Homemade baked goods (candied pecans, a variety of cookies and candy, cake slices) were donated to the Faith Sellers Senior Center in Summerville and to the "Heroes" at Summerville Medical Center. (Pictured on right)

Twenty containers and five bags of goodies were also made for the elderly and delivered to them by their pastor. The containers (see picture) were filled with peanut butter, chocolate chips and lemon cookies, sugared pecans, goo goo bars, peanut and pecan clusters, accompanied by a bottle of sanitizer and face mask.



Hampton County

Hampton County FCL club has been unable to meet in person since March 2020. However, a few of our members have still worked to make a positive impact in our community. One of our members completed 90 Christmas cards and delivered them to the residence at the Pruitt Nursing Home in Estill S.C. on behalf of the Hampton County FCL Club. Also, our President, Ms. Evelyn Griner sent out Christmas cards to each of the members in an effort of “staying in touch”.

FCL member, Alice Gibson (pictured on right) made over 200 cloth masks in 2020 and distributed to various Health Care Workers, as well as other individuals in the community.

Hampton County FCL members are saddened that they are unable to meet and socialize, but they realize the seriousness of the virus and remain hopeful that one day soon they will be able to return.



2021 SCFCL Annual Meeting and 100th Anniversary Celebration “A Century of Improving the Quality of Life”



October 12, 2021

*Our Saviour Lutheran Church
1500 Sunset Boulevard
West Columbia, SC 29169*



Registration
Gift Basket Card Drop Off and Basket Ticket Sales
SCFCL Sales Table

County Display Tables
Historical Display Tables compliments of Winthrop University Louise Pettus Archives and Special Collections
Display (LARGE) County Flags and SCFCL Banner

Business Meeting

Lunch

Recognition of Guests, FCL Advisors, Past State Presidents, Former State Advisors

Luncheon Speakers (A Century of Improving the Quality of Life)
Anniversary Cake

Installation of Officers

Announcements
Gift Card Basket Drawing
Special Anniversary Favors
Adjourned

Foothills District

***Abbeville, Anderson, *Cherokee, Chester, *Edgefield, Greenville, Greenwood, Laurens, *McCormick, Newberry, Oconee, *Pickens, Saluda, *Spartanburg, Union and York**
* by a name means no FCL members in the county

Greenwood County

Pictured on right is the oldest member of Fairview Club in Ninety Six, Hazel Rhodes who turned 100 years old March 10, 2020. She was unable to attend the March 10th meeting so a bouquet was taken to her home after the meeting by Jo Ann Eichelberger. Her daughter, Peggy Rushton is a member and took the picture. Fairview gave Bowers-Rogers Home for Neglected and Abuse Children a check for \$100.00 to purchase Easter surprises for their children.



Newberry County

Newberry County members are like most county members, we have activated our calling list, calling each other to make sure they're all right, to see if anyone needs anything or just a friendly call to uplift spirits. We've had several members with COVID-19, in and out of the hospital but everyone seems to be holding their own for now. Mailing get well cards is a regular item on everyone's schedule. Staying well is a priority, keeping that social distancing hopefully is helping and wearing masks is a must. Hope you and yours are doing well so be safe until we can meet again from one of the "Most Charming Small Towns in America" (promoted by TV's Travel Channel.)

In loving Memory

Beaufort County - Thelma Lewis
Laurens County - Susan Stevens
Lexington County - Melinda Spencer
Newberry County - Annette Floyd
Newberry County - Dot Merchant
Richland Country - Martha Jones
Richland County - Melba Holmes
Saluda County - Josie Black

If your county has a member that passed away, have someone send their name to newsletter editor.



2021 NVON Conference Registration

"Be the Sunshine - Make a Difference"

July 20-22, 2021 Owensboro Convention Center, Owensboro, Kentucky

Hosted by: Kentucky Extension Homemakers Association

Name (one form per person) _____

Address _____

City _____ State _____ Zip _____ Telephone (include area code) _____

E-mail address _____

Member _____ Guest _____ First Time Attendee _____ E-mail Registration Confirmation _____ Y _____ N

Include a self-addressed stamp envelope if you would like a written registration confirmation.

I grant the KEHA and/or NVON, the right to use, publish and copyright my image for educational program and publications, web sites and promotion of KEHA and/or NVON programs.

Signature _____

**List Special Dietary or Health Needs _____

Choose a seminar/craft workshop you would like to attend by placing a 1, 2, or 3 in the space before the selection. Omitting the 2nd or 3rd choice does not guarantee placement in 1st choice. Tours, seminars and workshops will be filled as registrations are received. Please include payment with your registration.

TOURS

Tuesday, July 20, 2021, 8:00 - 4:00 p.m.

- ____ Tour #1, National Corvette Museum and Chaney's Dairy Barn - \$55
- ____ Tour #2, Bill Monroe's Home Place - \$65

SPOUSE/FRIENDS TOURS

Wednesday, July 21, 2021, 8:00 - 1:00 p.m.

- ____ Spouse Tour #3, Camp Breckenridge Museum & Arts Center - \$35

Thursday, July 22, 2021, 8:00 - 1:00 p.m.

- ____ Spouse Tour #4, Green River Distilling Company and Daviess County Agritourism - \$42
- ____ Box Lunch for Tour #4 - \$12

CRAFT WORKSHOPS

Tuesday, July 20, 2021, 2:00 - 3:00 p.m.

- ____ Swedish Weaving - \$5
- ____ Jewelry Art - \$5
- ____ Canvas Magic - \$10
- ____ Cool Coasters - \$6

Tuesday, July 20, 2021, 3:30 - 4:30 p.m.

- ____ Swedish Weaving - \$5
- ____ Jewelry Art - \$5
- ____ Canvas Magic - \$10
- ____ Cool Coasters - \$6

Thursday, July 22, 2021, 2:00 - 3:00 p.m.

- ____ Campfire Cooking
- ____ What's Up with Succulents!
- ____ Butterfly Garden
- ____ Scams Red Flags and Avoiding Frauds

Thursday, July 22, 2021, 3:30 - 4:30 p.m.

- ____ Hospitality Kentucky Style
- ____ Communicate and Connect
- ____ It's All Fun and Games: Inspiring Healthier Eating and Activity Habits with Grandkids
- ____ Fascinating Facts about Fibers and Fabrics - \$5

How many NVON Conferences have you attended, including this one? (This will be #22)

EMERGENCY CONTACT

Name _____

Relationship _____

Phone # _____

SEMINARS

Wednesday, July 21, 2021, 2:00 - 3:00 p.m.

- ____ "P" is for "Pterodactyl!"
- ____ Feed FeFe, Help the Iron De'fish'ent
- ____ The Many Surprises of Thrift Shopping
- ____ Fad, Fiction, or Fact: What's in your Diet?

Wednesday, July 21, 2021, 3:30 - 4:30 p.m.

- ____ Smoothie Queens - \$10
- ____ The Power of Many...Partnering with Alzheimer's Association
- ____ Ready or Not: Organizing Your Essential Documents
- ____ "Bee" A Leader

REGISTRATION FEES - Deadline: June 16, 2021

Full Registration.....\$185 \$ _____

One Day Registration

Tuesday, July 20.....\$90 \$ _____

Wednesday, July 21.....\$90 \$ _____

Thursday, July 22.....\$90 \$ _____

Late Fee (postmarked after June 16).....\$15 \$ _____

****Registration Fee REQUIRED to participate in tours****

Tour Fees:

Tuesday, Tour #1 - National Corvette Museum & Chaney's Dairy Barn.....\$55 \$ _____

Tuesday, Tour #2 - Bill Monroe's Homeplace.....\$65 \$ _____

Spouse/Friend Tours:

Wednesday, Tour #3 - Camp Breckenridge Museum & Arts Center\$35 \$ _____

Thursday, Tour #4 - Green River Distilling Company/Daviess Co. Agritourism ..\$42 \$ _____

Thursday, Box Lunch for Tour #4.....\$12 \$ _____

Craft Workshops and Seminars

2:00 Swedish Weaving \$5 \$ _____ 3:30 Swedish Weaving.....\$5 \$ _____

2:00 Jewelry Art\$5 \$ _____ 3:30 Jewelry Art.....\$5 \$ _____

2:00 Canvas Magic\$10 \$ _____ 3:30 Canvas Magic.....\$10 \$ _____

2:00 Cool Coasters\$6 \$ _____ 3:30 Cool Coasters.....\$6 \$ _____

Smoothie Queens.....\$10 \$ _____

Fascinating Facts about Fibers and Fabrics.....\$5 \$ _____

TOTAL REGISTRATION, TOURS, AND FEES \$ _____

I will be attending the following:

____ Wednesday, July 21, Lunch

____ Wednesday, July 21, Dinner, KY Night

____ Thursday, July 22, Lunch (Do not check if you are purchasing Box lunch on Tour #4)

____ Thursday, July 22, Dinner

Meal price is included in registration fee.

Make checks payable to: **KEHA**

Mail check or money order with registration form to:

Harlene Welch
207 Fifth Street
Cynthiana, KY 41031

Email: harlenewelch@gmail.com
 Phone: 859-298-9460
 Registration due by June 16, 2021
 Late fee after June 16, 2021 of \$10

Registration Fees transferable, NOT refundable after Late Fee deadline.

2021 NVON Conference Lodging Information July 20-22, 2021

Owensboro Convention Center, 501 West 2nd Street, Owensboro, Kentucky

Lodging room blocks are available at the Hampton Inn & Suites Owensboro Downtown/ Waterfront, 401 West 2nd Street and at the Holiday Inn Owensboro Riverfront, 701 West 1st Street. Both are located adjacent to the convention center.

The room rate at the Hampton Inn is \$129 + tax per night and includes breakfast daily. To reserve by phone, call 270-685-2005 and request the Kentucky Extension Homemakers /NVON rate. By using this link: <http://bit.ly/KEHA-NVONJul2021> you can also register online. Reservations by attendees must be received before 6/22/2021.

The room rate at the Holiday Inn is \$129 + tax per night and includes breakfast daily. To reserve by phone, call 270-683-1111 and request the Kentucky Extension Homemakers rate. By using this link: [https:// bit.ly/38Nky9A](https://bit.ly/38Nky9A) you can also register online. Reservations by attendees must be received before 6/28/2021.

Conference Agenda “Be The Sunshine - Make a Difference”

Monday, July 19

- 3:00 - 7:00 p.m. - Registration
- 3:00 - 9:00 p.m. - Set up State Displays
- 3:30 p.m. - Financial Review Committee
- 5:00 p.m. - NVON Board & Delegate Dinner
- 6:00 p.m. - NVON Board Meeting

Tuesday, July 20

- 8:00 - 6:00 p.m. - Registration
- 8:00 - 6:00 p.m. - State Displays
- 8:00 - 6:00 p.m. - ACWW Silent Auction
- 8:00 - 4:00 p.m. - Tour #1 National Corvette Museum and Chaney’s Dairy Barn
- 8:00 - 4:00 p.m. - Tour #2 Bill Monroe’s Home Place

LUNCH ON YOUR OWN

- 2:00 - 3:00 p.m. - Craft Workshops
- 3:30 - 4:30 p.m. - Craft Workshops repeated

DINNER ON YOUR OWN

Wednesday, July 21

- 8:00 - 6:00 p.m. -Registration
- 8:00 - 12:00 p.m. - ACWW Auction
- 8:00 - 6:00 p.m. - State Displays
- 8:00 - 1:00 p.m. - Spouse/Friend Tour #3 Camp Breckenridge Museum & Arts Center
- 9:00 - 11:00 a.m. - NVON Conference Opening Session and Business Meeting
- 12:00 - Luncheon

- 1:30 - 6:00 p.m. - ACWW Silent Auction

- 2:00 - 3:00 p.m. - Seminars

- 3:30 - 4:30 p.m. - Seminars

- 6:00 p.m. - Kentucky Night

Thursday, July 22

- 8:00 - 12:00 p.m. - Registration
- 8:00 - 12:00 p.m. - ACWW Silent Auction
- 8:00 - 6:00 p.m. - State Displays
- 8:00 - 1:00 p.m. - Spouse/Friend Tour #4 Green River Distilling Company and Daviess County Agritourism
- 9:00 - 10:30 a.m. - General Session
- 12:00 - Luncheon with Presentation of Working Together for 25 Years

- 1:30 - 3:30 p.m. - ACWW Silent Auction

- 2:00 - 3:00 p.m. - Seminars

- 3:30 - 4:30 p.m. - Seminars

- 6:00 p.m. - Banquet

Pick up ACWW Silent Auction Items after Banquet



For all the details visit: nvon.org

2020-2021 STATE PROJECT



“SCFCL Gives Hope” brings awareness to our members of the need for domestic violence shelters and gives hope to those who enter them by showing them that they are not alone and that there are those who are willing to stand by them and help them in their time of need. We are collecting and giving needed items to domestic violence victims in our state through local women’s shelters.

Visit scfcl.com for more details.

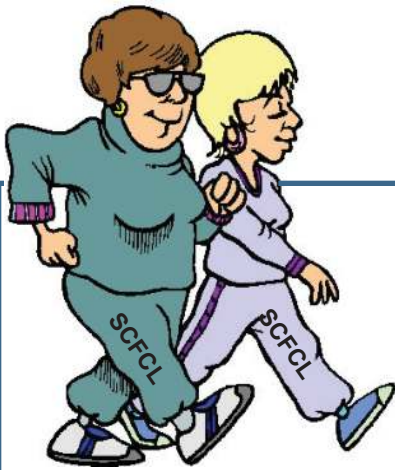


Joni Williamson, Co-chair of the SCFCL Gives Hope, Domestic Violence Awareness Project wrote on SCFCL’s Facebook, “Today my club, RCFCL (Richland County Family & Community Leaders) participated in Project Hope with the RCSD (Richland County Sheriffs Department.) We have been collecting items for Victims of Violence but unfortunately due to COVID we haven’t been able to give to Sistercare like we originally planned. Thankfully the RCSD was in need of assistance so we were happy to help! We filled 87 bags from Horrell Hill club with the help of North Columbia’s club, an Associate member and a donation from friends of our Horrell Hill club. We were also blessed by Alice Williams and Pat Breznay for making our handmade bags to be filled by all our donated items. Thank you friends, family and community for all your support!”

Even with the COVID-19 Pandemic, where there’s a will, there’s a way. Other counties like Richland have made bags, collected needed items for Domestic Violence Awareness shelters around the state. Your county may not have been able to take items to shelters yet but since the vaccine shots are being given for over a month, it sounds like the virus might have slowed spreading for now. Hopefully we can get this terrible pandemic under control and get back to doing the good we’re used to. Please share your pictures and visit SCFCL’s Facebook page. It will encourage others to make that extra effort to make a difference in other’s lives that are not quite so fortunate. Be safe and think of others by wearing your masks.

Thanks to everyone who supports this wonderful project.

Early April
KICK OFF



2021 State Project **WalkSC** for better SCFCL Health



WalkSC-JOY(Just Older Youth) is a 12-week health improvement program by Clemson Extension designed specifically for ages 55+. The program is flexible and can be customized to suit each participant's schedule and ability. The walking program is structured virtually and if completed as designed, participants will walk the equivalent distance of the state of SC (Hilton Head to Caesars Head is 300 miles). SCFCL has agreed to take part in the initial rollout of this program and open the program to all SCFCL members.

Once enrolled online, each participant receives weekly emails. These emails include the current walking assignment, tips to make your daily walking easier, and health information. Participants are also encouraged to join a Facebook group open only to those enrolled in this program. This Facebook group serves as a support system, allowing participants to share solutions to issues they have experienced during the prior week as well as celebrations of obstacles they have overcome.

Interested in joining? The program will begin enrollment in early Spring 2021. If you want information on registering for the program, contact **Rhonda Matthews** at rhonda@clemson.edu or **864-554-1634** to add your name to the list.

Can I have friend join with me? YES. Does it cost? NO. Will this be the only time the program happens? NO. I know another group that wants to do the program. Is that ok? YES. Tell them to contact Rhonda to make arrangements.

WATER AROUND THE WORLD SCFCL Project in Common with NVON 2013 - 2020



The Water Around the World Project was very successful but has concluded. If you are interested in making a donation on your own, you can do so by visiting:
(Wisconsin Nicaragua Partners)
<https://wisnic.org>

2020 Awards and Certificates

New Member Awards

New member certificates are given to counties who have new paid members in one year (January to December). Certificates will be based on previous year's final membership numbers. New members cannot previously have been a member of SCFCL (or its previous names).

Union-8	Fairfield-2
Williamsburg-8	Hampton-2
Sumter-6	Laurens-2
Beaufort-5	Charleston-1
Lexington-4	Chester-1
Bamberg-3	Horry-1
Barnwell-2	Richland-1

County President's Awards

Each year the County President's Award is presented during the Annual Meeting to County Presidents who demonstrate leadership, represent their county with enthusiasm, attend district and state activities and meetings, submit documentation requirements on a timely basis and accomplish items listed below by the County President or designated representative with a positive attitude.

The person who served as County President from January to December shall receive the certificate representing their County.

No Certificates were presented in 2020

Individual Membership Awards

Individual members certificates are given each year at the Fall District Meetings to members for the total length of years as members of SCFCL (or its previous names). Certificates are presented to members when they are in the 25-30-35-40-45-50-55-60-65-70+ year of membership.

Dorchester	60 years	Agnes Pearson	Lexington	40 years	Anne Snipes
Greenwood	60 years	Helen Spiller	Newberry	40 years	Emma L Crump
Saluda	55 years	Marjorie Mills	Newberry	40 years	Mildred Goggans
Saluda	55 years	Trudie Nichols	Newberry	40 years	Margret Mozee
Bamberg	50 years	Rosa Hicks	Oconee	40 years	Carla Hedden
Bamberg	50 years	Evelyn Muhammad	Richland	40 years	Martha Jean Stoudemire
Greenwood	50 years	Hazel Rhodes	Saluda	40 years	Gladys Glover
Horry	50 years	Mary Swinton	Union	40 years	Juanita McCullough
Lexington	50 years	Cynthia Dickey	Union	40 years	Shirley Mitchell
Sumter	50 years	Carolyn Anderson	Union	40 years	Myrtis Rainwater
Sumter	50 years	Paula Barth	Barnwell	35 years	Ruth Collier
Allendale	45 years	Faye Cochran	Beaufort	35 years	Ervena Faulkner
Dorchester	45 years	Pauline Ferrell	Chester	35 years	Iris Coleman (deceased)
Dorchester	45 years	Rosa Walker	Saluda	35 years	Lois Gibson
Lexington	45 years	Bette Chinnors	Barnwell	30 years	Susie Sexton
Richland	45 years	Wilma Weeks	Barnwell	30 years	Daisy L Sneed
Allendale	40 years	Rose Manuel	Hampton	30 years	Evelyn Griner
Allendale	40 years	Cordelia Shramek	Kershaw	30 years	Doris McGhee
Charleston	40 years	Debbie Davis	Orangeburg	30 years	Betty Shuler
Chester	40 years	Jane McCain	Saluda	30 years	Josie Black
Chester	40 years	Martha Mitchell	Saluda	30 years	Emma Rinehart
Dorchester	40 years	Edharriet Baker	Chester	25 years	Linda Kohr
Dorchester	40 years	Lorraine Grant	Chester	25 years	Linda Westbrook
Dorchester	40 years	Sylvia Sanders	Greenwood	25 years	Sallie Berry
Dorchester	40 years	Thelma Sanders	Greenwood	25 years	Doris Berry
Lancaster	40 years	Rachel Alexander	Greenwood	25 years	Kay Gregory
Lancaster	40 years	Tammie White	Greenwood	25 years	Shirley Hampton
Laurens	40 years	Dot Duckworth	Greenwood	25 years	Amos O Harling Jr
Lexington	40 years	Ramona Atkins	York	25 years	Shirley Elmore

Notes from your President, Pat Breznay

Here it is, 100 years since we were organized. In 1921 between 80 and 90 percent of women lived on farms. None had automobiles, no paved roads and traveled by horse and buggy or by train. Through Short Courses conducted by Winthrop, women realized the benefits of cooperative efforts for home improvement, discussed the possibility of forming a statewide organization of farm women. At the first meeting, June 7, 1921, three counties were organized calling themselves South Carolina Council of Farm Women with 200 members. In just one year, at the 1922 meeting, 36 county councils were organized with 6,000 members. (History facts came from *The Quiet Revolution* by Tom Mounter)



This was the beginning of the long history of public issue involvement that could be called "the quiet revolution". "Never underestimate the power of women" particularly when their interests and concerns center around the home and community in which they live. In 2021 we still have the same concern to improve the quality of home and community life. We now have the unimaginable, millions of automobiles and some that even drive by themselves, telephones that are not connected by wiring called cell phones or smart phones, fabulous concrete slabs that connect every city within eyesight and beyond, and appliances that do everything from making bread by themselves to turning on the water faucet by just calling out a command. WOW, have we come a long way baby.

I don't know about you but this modern technology generation is exciting and even though hard to keep up with, I'm going to try but just at a slower pace. How about you?

Due to the COVID-19 pandemic which has compromised every thing we do, we are having to meet by internet or telephone to stay safe and not spread the virus. After a year, we had hoped it would be under control but officials say with the vaccine just getting started we need to still social distance and wear masks for a while longer. Hopefully later this year, we'll be able to meet in person again. But for now our Spring District Meetings will be by internet (ZOOM) or by telephone. Clemson Extension Service is coming to our aid and hosting the first three meetings District Meetings (Central, Coastal, Foothills). Other state organizations have met by internet so we will try to keep up and internet meet by ZOOM. Hope you can join us for your districts meeting. The agenda will include: education lesson presented by extension agent on "Know Diabetes by Heart", roll call, devotion, introduction of new State Project (WalkSC), reports from county presidents (limited to 2 minutes), information about the Annual Meeting (October 12, 2021), announce certificate names, remarks from State President and Advisor, adjourn.

Please feel free to call me if you have any questions. Thank goodness we no longer pay for each long distance call or the time we talk. I'd love to hear from you about what's going on with you and/or your county. Please make every effort to ZOOM with us on March 16, March 17 or March 23 for the District Meetings, it'll be fun. Until next time, be safe.

Message from your State Advisor, Connie Lake

Our pasted 12 months have been different. Most clubs have not meet and our Extension Offices have been closed to the public. In the middle of this pandemic, there are many blessings. In December, I was blessed with my first grandchild. Because of the hospital's visitation restrictions, I was not able to see him until he made his way home. However, he made it the most wonderful Christmas for our family.

I am sure that each one of you have blessings that you can count. Do not let the pandemic get you down. Take this time to count your many blessings. We all have family and friends that need our help. Your phone call or letter may be just what they need to get through the days of isolation. Take the time to give to others through a call to a neighbor.

Mom and I have already had our first COVID shot. I encourage everyone over the age of 70 to consider getting the vaccination. Being a caregiver to my 90-year-old mother, I was able to get the shot too. We are scheduled to get our second shot later this month.

Blessing to each of you and be safe as you go out in the public



2021 SCFCL Officers

President

Pat Breznay
(803) 736-6535
pbreznay@sc.rr.com

Vice President

Silverteen Mitchum
(843) 382-5918
silverteenmitchum@hotmail.com

Secretary

Dot Tunstall
(803) 356-2170
dottun57@gmail.com

Treasurer

Linda Westbrook
(803) 789-5838
westcu2truvista.net

Central District Director

Gloria Hallingquest
(803) 823-2184
g_hallingquest@yahoo.com

Coastal District Director

Alick Lewis
(843) 470-0745
tobagoland3742@centurylink.net

Foothills District Director

Bobbie Earle
(864) 984-4088
bearle@prtcnet.com

Parliamentarian

Pam Hanfland
(803) 348-2820
phanfland@gmail.com

Newsletter mailer

Bette Chinnners
(803) 957-9163
bchinnners@sc.rr.com

Webmaster

Pam Hanflnad
(803) 348-2820
phanfland@gmail.com

2021 SCFCL Advisors

State FCL Advisor

Connie Lake
(864) 992-8862
clake@clemson.edu

Central District Advisor

Christine Patrick
(803) 245-2661 x 112
patric2@clemson.edu

Coastal District Advisor

Gayle Williford
(843) 719-4140 x 116
gwillf@clemson.edu

Foothills District Advisor

Angela Forbes
(803) 385-6181 x 115
angelaf@clemson.edu

State Specialists Advisor

Rhonda Matthews
(864) 223-3264 x 117
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