

# News and Views

## South Carolina Family and Community Leaders

"Improving the quality of life through fellowship, education and service"



Spring

SCFCL Website: <http://www.scfcl.com>

2020



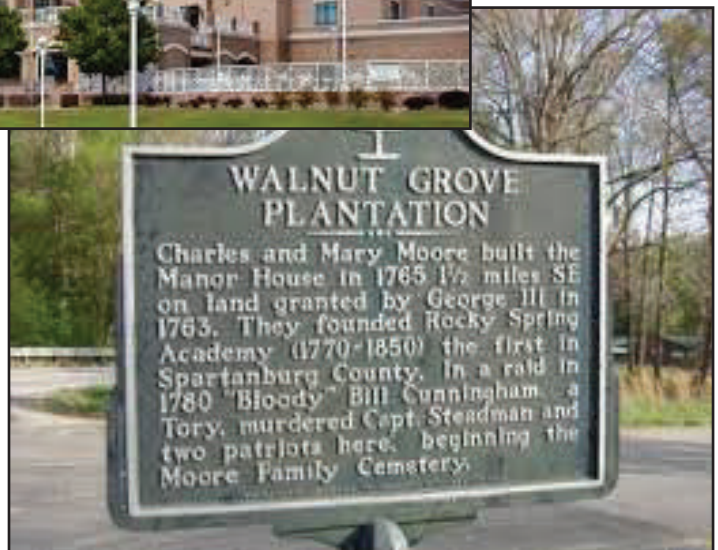
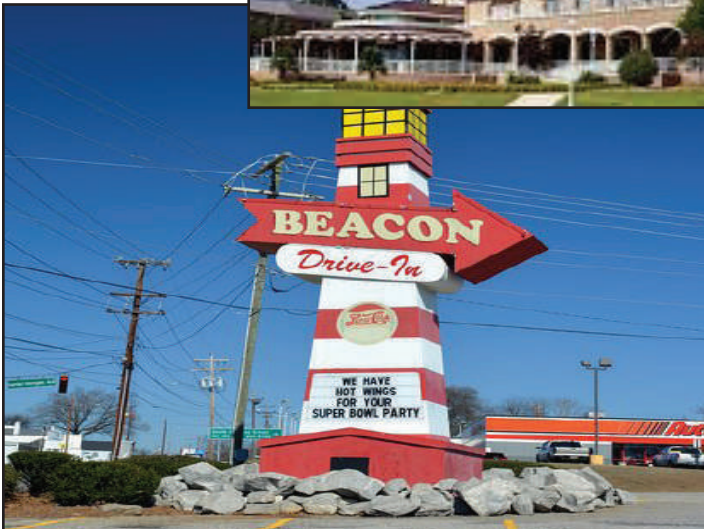
**SCFCL is hosting the  
2020 NVON Annual Conference  
at the Spartanburg Marriott, Spartanburg, SC  
July 20-22 celebrating NVON's  
25th Year Anniversary**



**Tour BMW Car Factory**



**Tour Cowpens National Battlefield**



SCFCL is affiliated with Associated Country Women of the World (ACWW), Country Women's Council USA (CWC), National Volunteer Outreach Network (NVON) and in partnership with Clemson University Cooperative Extension Service

# Central District

\*Aiken, Allendale, Bamberg, Barnwell, Calhoun, \*Chesterfield, \*Darlington, Fairfield, Kershaw, Lancaster, \*Lee, Lexington, \*Marlboro, Orangeburg, Richland and Sumter

\* by a name means no FCL members in the county

## Allendale County

Although we are still struggling along with only 16 members, we continue to serve. We lost 2 of our oldest active members last year. Mrs. Elma Connelly and Mrs. "Babs" Carter.

We support our local Nursing Center. We participate with donations to the Water Around the World State Project, Pennies for Friendship, Nickels for S.C. Youth, taking some elderly to doctor visits and making phone calls for others. We sell flavoring year-long - with the proceeds to Civic Organizations, provide magazines to the Hospital and Nursing Center, along with favors for residents' trays and prizes for Bingo. We also make Donations to Relay for Life and the Rescue Squad.

It seems that doctor appointments and sickness keep us from doing as much as we have done in the past. With only a few, it is difficult to do.

We did hold the Central District Meeting this past fall, in which we were very proud. It was very successful, with approximately 75 attending. We thank everyone for coming to support us.

## Sumter County

Sumter County FCL clubs continued to support various charities and special projects in 2019. Clubs collect articles of clothing, personal hygiene items, various food items (pictured lower left) and funds for local charitable sites in the county. We are still collecting money for the Water Around the World, Pennies for Friends and Nickels for SC Youths projects. We hold Spring and Fall Council Meetings with clubs taking turns hosting these events. The first Friday in December started off the Christmas season with our Members Only Luncheon. Each year we have a "theme project event", this year's event was wearing our favorite Christmas socks. Members wore socks of every description (pictured lower right), old and new, short and long and some even lit up! We enjoyed a pot luck lunch and talked about our favorite Christmas memories. We are looking forward to the new year, planning some club and county projects and working on attracting new members to our clubs.

### SPRING CENTRAL DISTRICT MEETING

**Hostess:** Bamberg County FCL

**Where:** Bamberg County FCL Building  
153 McMillian ST  
Bamberg, SC, 29003

**When:** March 17, Register-9:30 Meeting-10:00 am

**How much:** Registration \$2 Meal \$15 Total \$17.00

**Deadline for Registration:** Monday, March 9  
(\$5.00 late fee if received after March 9)

**Payable to:** BCFCL

**Mail to:** Janie Johnson (803-245-0430)  
PO Box 8  
Bamberg, SC 29008

**Bring:** One door prize & one \$10 gift card per county





# Coastal District

Beaufort, \*Berkeley, Charleston, \*Clarendon, Colleton, Dillon, Dorchester, \*Florence,  
\*Georgetown, Hampton, Horry, \*Jasper, \*Marion, and Williamsburg

## Charleston County

The past year was quite a busy year working on the 2019 State Project for girls/women making reusable "Pads" for those living in third world countries. Members donated and/or purchased fabric and supplies for the project. Several workshops were held cutting out patterns and sewing the pads. Marlene Williamon chaired the project and was also an avid sewer stitching many of the 395 pads.

"Teddy Bear In the Park" has become an annual event. Teddy Bears were collected and baby blankets made to assist in this project that draws hundreds of children and their families to this fun event in March. Two FCL members brought their sewing kits and assisted in sewing children's teddy bears that were in need of repair.

"Picnic In Hampton Park" for Charleston County homeless is a monthly project that two of our FCL members actively help in cooking, preparing and serving the Sunday noontime meals. Articles of clothing and personal items were also collected and distributed to those in need.

Charleston County hosted the Spring District meeting in March. One highlight of the meeting was a funny skit presented by Elma Harris and Marlene Williamon.

We participated in the "Cards for Heroes" project by the American Red Cross by signing and/or writing a short message. Approximately 350 cards were donated to honor and appreciate our veterans.

Christmas cards were recycled and made into book markers that were placed in books for the community. FCL member, Carol Landowse, actively volunteers and teaches English classes to a Spanish child each week.

October and November are busy months for FCL members. It is fair time and a busy time checking in exhibits, show casing them, and later releasing them back to their owners. Senior Citizen's Day found FCL members setting up vendor tables and taking surveys. Also on Senior Citizen's Day, FCL members had fun making and serving "Glazed Donuts" for fair goers to sample. Several FCL members worked at the fair making cookies and selling them to benefit the community in grant projects to needy organizations. Monetary contributions were collected to assist in the 4-H Youth Scholarship Fund.

4-H Volunteer leader, Betty Osgood, actively works with Tri-County 4-Hers throughout the year directing club meetings and special activities. In August she and three teen club members participated in the Great American Seafood Contest in New Orleans, LA. The Garrett FCL members assist in special activities and as well in club meetings.

The prepared lessons are a vital part of our monthly meetings. We found the lessons valuable and especially so "What's in Your Wallet". Besides the lessons, one activity the Garrett club had fun doing was making "Ginger Bread Houses". Club member, Wendy Graham, provided the assembled houses and all the fixings to trim. Each had fun decorating their house for their Ginger Bread centerpiece.

Making more "Pads" is one of our continued goals for the new year. Also we are collecting items for the 2020 state project.

## Dorchester County



Dorchester was very active in the 2019 Diaper and Pad State Project. Their members completed 584 Pads and 55 Diapers. The Diapers and Pads were given to Dana Cassell to be taken to Africa and given to girls and women in need.

### SPRING COASTAL DISTRICT MEETING

**Hostess:** Dorchester County FCL

**Where:** Town Hall of Ridgeville  
105 School ST  
Ridgeville, SC 29472

**When:** March 19, Register-9:30 Meeting-10:00 am

**How Much:** Registration \$5 Meal \$12 Total \$17.00

**Deadline for Registration:** Thursday, March 5

**Payable to:** DCFCL

**Mail to:** Miriam White (843-875-6929)  
125 Levi RD  
Ridgeville, SC 29472

**Bring:** One door prize & one \$10 gift card per county

## Hampton County

Hampton County FCL met every month and covered 8 of the programs sent down by the state FCL office. We had guest speakers/presenters come in to present many of the programs. During the "Declutter Clutter" program, we had a local person who prides herself in helping people get organized speak on "having a plan and tips" to help you get organized and stay that way. One of our local extension agents along with his wife and FCL member presented an informative program on the History of Rice, varieties and types of rice and they served a delicious snack of Rice Krispy treats. At the November meeting, we hosted a local musician that spoke on Songs of Christmas and we participated in a game of "Name that Tune" with the guest speaker playing the notes on her keyboard.

Hampton's FCL members met several times during 2019 to work on the Pads and Diaper State Project. We turned in 332 completed pads at the state meeting.

Through the collection of canned goods monthly, we distributed quarterly to needy families making a small impact on the community.

The regular July picnic consisted of going to a local seafood restaurant for lunch where we visited with each other and had an enjoyable time.

We completed 90 Christmas cards and delivered them to the residence at the Pruitt Nursing Home in Estill, SC in December.

Members of the club assisted the local 4-H club with baking cookies for them to distribute at the local nursing home for a Christmas party with the residents.

The club also met in December for a Christmas gift exchange followed by a light lunch at the Extension office.



Back Row: (L to R) Iva Lee Crosby, Cathy DeLoach, Carolyn Smith, Carmen Barnes, Evelyn Griner  
Front Row: (L to R) Alawyn Tapley, Alice Gibson, Joyce Owens

## 2019 State Project: Diapers and Pads, Made by SCFCL

	Diapers Completed	Pads Completed	Diaper Sets	Pad Sets	Types of Donations	People Participating	Hours Donated	Miles Donated	Report Sent in
<b>Central District</b>									
Bamberg				57	Fabric				
Kershaw	18	460			Fabric	18	200		X
Lexington	606	962	252	466	Fabric, money	14	200	52	X
Orangeburg	53	48			Fabric	12	60		X
Richland	113	115			Fabric, money	18	57		X
<b>Coastal District</b>									
Beaufort		60			Fabric				
Charleston		395			Fabric, money	9	325		X
Colleton	6	113			Fabric	2			
Dorchester	55	584			Fabric				
Hampton		332			Fabric, thread	13			X
<b>Foothill District</b>									
Saluda		22			Fabric				
Laurens	6	6			Fabric				
Union	54	71			Fabric, money	17	275		X
Greenwood	50	42			Fabric, thread	16	320		x
York					\$100.00				

Totals:	Diapers Completed	Pads Completed	Diaper Sets	Pad Sets	Types of Donations	People Participating	Hours Donated	Miles Donated	Report Sent in
<b>Central District</b>	790	1585	314	537	Fabric, money, thread	62	517	52	X
<b>Coastal District</b>	61	1484			Fabric, money, thread	24	325		X
<b>Foothills District</b>	110	141			Fabric, money, thread	33	595		X



Alice Williams, Project Chair

Updated on 1-14-2020



# Foothills District

\*Abbeville, Anderson, \*Cherokee, Chester, \*Edgefield, Greenville, Greenwood, Laurens,  
\*McCormick, Newberry, Oconee, \*Pickens, Saluda, \*Spartanburg, Union and York

## Union County

Many of our projects are done on a continuing effort. Each year we present a scholarship to a local high school senior or adult that has been in the work force and raising a family and desires to further their education. The amount of this scholarship has been increased to \$1000 yearly.

Funds for this scholarship and other charity projects were raised by our annual Chicken stew sale.

Members donated and made over 125 washable diapers and sanitary pads for our state project.

The local Ag and Art event was enhanced with a quilt show and publicity of our projects. This was sponsored by our members. Also at this event, we sold hand made items donated by members of the Twisted Threads Crochet Club and Patchwork Quilters. All money went to 4-H to help supplement their budget.

Another source of funds for 4-H was the annual Antique Farm/Tractor Show in September. Again we sold donated items that were hand made. From these two events we contributed \$233.00 to our 4-H leader. At this event, Patchwork Quilters sponsored a full quilt show. Attendance was great.

During the summer months our members help with instruction for the 4-H Crochet Classes.

Lap Quilts were made and donated to various Hospice groups in Union.

In October, many of our members served in various positions at the Union County Fair--working in exhibits of baked, canned, quilted, crocheted, and sewn items. Also, clubs sponsored educational displays on current topics and projects.

Box Tops for education were donated to all elementary schools in Union County. These were to be used for supplies and playground equipment.

Over 35 crocheted hats were donated to the Gibbs Cancer Center at Spartanburg Regional Hospital. Union County hosted the Spring Council for the Foothills District Meeting.

At this time, one of our members is developing a Facebook page for Union County FCL to promote our activities for the public. We will also use this source to promote programs of "growth" that are available to the public. Hopefully this will result in new members for our clubs.

## *In loving Memory*

### **Allendale County**

Elma Connelly  
Babs Carter

### **Beaufort County**

Sandra Cook

### **Chester County**

Iris Coleman

### **Laurens County**

Betty Vaughan

### **Lexington County**

Betty Buff      Ida Culler      Trish Gates  
Sandra Walker      Willie Wingard

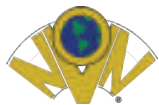
### **Richland County**

Blanche Stanek

### **Sumter County**

Dot Huggins      Sara Lajuenesse  
Betty Moore      Carolyn Ramsey

If your county has a member that passed away, have someone send their name to newsletter editor.



**2020 NVON Conference Registration**  
**Making a Difference, "Working Together for 25 Years, 1995-2020"**  
**July 20-22, 2020 Spartanburg Marriott, Spartanburg, SC**  
**Hosted by: South Carolina Family and Community Leaders**



**Commemorative  
25 Year  
Anniversary Pin  
\$3.50 Early Bird Price  
\$4 at Conference  
Limited Edition**

Name (one form per person) \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Telephone (include area code) \_\_\_\_\_  
 E-mail address \_\_\_\_\_  
 Member \_\_\_\_\_ Guest \_\_\_\_\_ First time Attendee \_\_\_\_\_ E-mail Registration Confirmation \_\_\_\_\_ Y \_\_\_\_\_ N

Include a self-addressed stamped envelope if you would like a written registration confirmation

*I grant the SCFCL and/or NVON, the right to use, publish and copyright my image for educational program and publications, web sites and promotion of SCFCL and/or NVON programs.*

Signature \_\_\_\_\_

Choose a seminar/craft workshop you would like to attend by placing a 1, 2, or 3 in the space before the selection. Omitting the 2<sup>nd</sup> or 3<sup>rd</sup> choice does not guarantee placement in 1<sup>st</sup> choice. Tours, seminars and workshops will be filled as registrations are received. **Please include payment with your registration.**

**\*\*List Special Dietary or Health Needs** \_\_\_\_\_

**TOURS**

**Monday, July 20, 8:15 - 11:15**

\_\_\_\_\_ Tour #1, Walnut Grove Plantation - \$20

**Monday, July 20, 11:45 - 3:30**

\_\_\_\_\_ Tour #2, BMW Plant and Zentrum Tour - \$25

\_\_\_\_\_ Bus Box Lunch for Tour #2 - \$12

**SPOUSE/FRIENDS TOURS**

**Tuesday, July 21, 8:15 - 4:00**

\_\_\_\_\_ Spouse Tour, Hub-City & The Beacon - \$21

**Wednesday, July 22, 8:15 - 4:00**

\_\_\_\_\_ Spouse Tour, Cowpens National Battlefield - \$20

**SEMINARS:**

**Tuesday, July 21, 2:00 - 3:00**

\_\_\_\_\_ Cooking with Angela - Spaghetti All In One Dish

\_\_\_\_\_ Controlling Hypertension

\_\_\_\_\_ Hemp and Hemp Derivates - Facts and Fiction

\_\_\_\_\_ Think Outside the Box for Members

**Tuesday, July 21, 3:30 - 4:30**

\_\_\_\_\_ Managing Diabetes

\_\_\_\_\_ Grab and Go Snacks - \$5

\_\_\_\_\_ Travel Tips, Safety and Planning with Personal Mobility in Mind

\_\_\_\_\_ Hosting A Smarter Potluck

**CRAFT WORKSHOPS**

**Monday, July 20, 9:00 - 10:00**

\_\_\_\_\_ Fabric Flower Pin - \$2

\_\_\_\_\_ Christmas in July - \$4

**Monday, July 20, 10:30 - 11:30**

\_\_\_\_\_ Quilted Christmas Bulb - \$5

\_\_\_\_\_ Snowman - \$1

**Monday, July 20, 2:00 - 3:00**

\_\_\_\_\_ Handmade Greeting Cards - \$5

\_\_\_\_\_ Friendship Pens - \$2

**Wednesday, July 22, 2:00 - 3:00**

\_\_\_\_\_ What's In Your Wallet?

\_\_\_\_\_ Moles, Voles, and Skunks...OH MY! Nuisance Wildlife Pest Management

\_\_\_\_\_ Protecting Pollinators and the Rest of the Greater Majority

\_\_\_\_\_ Public Sculptures of Spartanburg

**Wednesday, July 22, 3:30 - 4:30**

\_\_\_\_\_ Easy Ways to Get More Physical Activity

\_\_\_\_\_ Volunteering in an International Setting

\_\_\_\_\_ Keys to Embracing Aging

\_\_\_\_\_ Feed FeFe, Help the Iron De'fish'ent

How many NVON Conferences have you attended, including this one?  
 (This will be #22) \_\_\_\_\_

**Emergency Contact**

Name \_\_\_\_\_

Relationship \_\_\_\_\_

Phone Number \_\_\_\_\_

**Registration Fees - Deadline: June 16, 2020**

**Full Registration** .....\$160 \$ \_\_\_\_\_

**One Day Registration**

Monday, July 20... .....\$75 \$ \_\_\_\_\_

Tuesday, July 21... .....\$75 \$ \_\_\_\_\_

Wednesday, July 22 .. .....\$75 \$ \_\_\_\_\_

**Late Fee** (postmarked after June 16).....\$10 \$ \_\_\_\_\_

**\*\*Registration Fee REQUIRED to participate in tours\*\***

**Tour Fees:**

Monday, Tour #1 - Walnut Grove Plantation ..... \$20 \$ \_\_\_\_\_

Monday, Tour #2 - BMW Plant and Zentrum Tour.....\$25 \$ \_\_\_\_\_

Monday, Bus Box Lunch for Tour #2 .....\$12 \$ \_\_\_\_\_

**Spouse/Friend Tours:**

Tuesday Tour - Hub-City & The Beacon.....\$21 \$ \_\_\_\_\_

Wednesday Tour - Cowpens National Battlefield .....\$20 \$ \_\_\_\_\_

**Craft Workshop, Seminar and Pin Fees:**

Fabric Flower Pin..... \$2 \$ \_\_\_\_\_

Christmas in July.....\$4 \$ \_\_\_\_\_

Quilted Christmas Bulb.....\$5 \$ \_\_\_\_\_

Snowman.....\$1 \$ \_\_\_\_\_

Handmade Greeting Cards .....\$5 \$ \_\_\_\_\_

Friendship Pens .....\$2 \$ \_\_\_\_\_

Grab and Go Snacks .....\$5 \$ \_\_\_\_\_

Commemorative 25 Year Anniversary Pin .....\$3.50 x \_\_\_\_\_ = \$ \_\_\_\_\_

**Total Registration, Tours, and Fees \$ \_\_\_\_\_**

**I will be attending the following:**

☐ Monday, July 20, (SC Night)

☐ Tuesday, July 21, Lunch

☐ Tuesday, July 21, Dinner

☐ Wednesday, July 22, Lunch

☐ Wednesday, July 22, Dinner

Meal price included in registration fee.

**Do not check if attending Spouse/Friends**

**Tour. \$10 will be provided for lunch.**

Make checks payable to: **2020 NVON Conference**

Mail check or money order with registration form to:

Bette Chinnners, Conference Registrar

152 Cherokee Hills Court

Lexington, SC 29072

Email: bchinnners@sc.rr.com Phone: 803.413.4005

Registration due by June 16, 2020

Late fee after June 16, 2020 of \$10

**Registration Fees transferable, NOT refundable  
after Late Fee deadline**



## National Volunteer Outreach Network - 2020 Conference

July 20- 22, 2020

Making a Difference, "Working Together for 25 Years, 1995 - 2020"

# Conference Agenda

### Sunday, July 19, 2020

3:00 - 7:00 p.m. Registration  
3:00 - 9:00 p.m. - Set up State Displays  
3:30 p.m. - Financial Review Committee  
5:00 p.m. - NVON Board & Delegate Dinner (Dutch Treat)  
6:00 p.m. - NVON Board Meeting

### Monday, July 20, 2020

6:00 - 11:00 a.m. Breakfast - 2 Serve to Order Breakfast Vouchers per room  
8:00 - 6:00 p.m. - Registration  
8:00 - 6:00 p.m. - State Displays  
8:00 - 6:00 p.m. - ACWW Silent Auction  
8:15 - 11:15 a.m. - Board Bus at 8:15 a.m. Depart at 8:30 a.m. - Tour #1 - Walnut Grove Plantation  
9:00 - 10:00 a.m. - Craft Workshops  
10:30 - 11:30 a.m. - Craft Workshops  
Lunch on your own - Box Lunch available to eat on the bus.  
11:45 a.m. - 3:30 p.m. - Board bus at 11:45 a.m. Depart 12 noon - Tour #2 - BMW Plant and Zentrum Tour  
2:00 - 3:00 p.m. - Craft Workshops  
6:00 p.m. - South Carolina Night

### Tuesday, July 21, 2020

6:00 - 9:00 a.m. - Breakfast - 2 Serve to Order Breakfast Vouchers per room  
8:00 - 6:00 p.m. - Registration  
8:00 - 12:00 p.m. - ACWW Silent Auction  
8:00 - 6:00 p.m. - State Displays  
8:15 a.m. - 4 p.m. Board Van 8:15 a.m. Depart 8:30 a.m. - Spouse/Friend Tour #1 - Hub-City & The Beacon  
9:00 - 11 a.m. - NVON Conference Opening Session and Business Meeting  
12:00 - Luncheon  
1:30 - 6:00 p.m. - ACWW Silent Auction  
2:00 - 3:00 p.m. - Seminars  
3:30 - 4:30 p.m. - Seminars  
6:00 p.m. - Dinner

### Wednesday, July 22, 2020

6:00 - 9:00 a.m. - Breakfast - 2 Serve to Order Breakfast Vouchers per room  
8:00 - 12:00 p.m. - Registration  
8:00 - 12:00 p.m. - ACWW Silent Auction  
8:00 - 6:00 p.m. - State Displays  
8:15 a.m. - 4 p.m. Board Van 8:15 a.m. Depart 8:30 a.m. - Spouse /Friend Tour #2 - Cowpens National Battlefield  
9:00 - 10:00 a.m. - Working Together for 25 Years Presentation  
10:00 - 11:00 a.m. - General Session  
12:00 - Luncheon  
1:30 - 3:30 p.m. - ACWW Silent Auction  
2:00 - 3:00 p.m. - Seminars  
3:30 - 4:30 p.m. - Seminars  
6:00 p.m. - Banquet  
Pick Up ACWW Silent Auction Items after Banquet

## NVON Conference Education Seminars

### Tuesday, July 21, 2020 - SEMINARS - 2:00 - 3:00 pm

**Cooking with Angela** - Spaghetti All In One Dish - This will be a demonstration using a “typical” recipe/ meal that most people prepare and show how they can simply add more fruits and vegetables to commonly eaten meals, recipes and dishes.

**Controlling Hypertension** - At this seminar we will discuss how to control hypertension, factors that increase your risk for hypertension, and why regularly taking your blood pressure is important.

**Hemp and Hemp Derivatives - Facts and Fiction** - We will discuss hemp, its differences from THC rich strains of cannabis, products available - full spectrum, broad spectrum, isolates, “THC-free”, etc., and ways in which the products derived from Hemp can help you.

**Think Outside the Box for Members** - We will look at venues for potential members and ways that “actually work”. Also, an introduction to “virtual clubs” for individuals that cannot attend meetings but join by the internet. Bring your ideas that work for your state.

### Tuesday, July 21, 2020 - SEMINARS - 3:30 - 4:30 pm

**Managing Diabetes** - The Health Extension for Diabetes program is designed to provide participants with the knowledge and skills to manage diabetes along with the support needed to improve blood sugar. This workshop will provide participants with an overview of common questions and strategies related to managing diabetes.

**Grab and Go Snacks - Cost \$5** - This workshop will teach you how to make quick and easy snacks.

**Travel Tips, Safety and Planning with Personal Mobility in Mind** - We will discuss the latest Trends in travel for pleasure to include: Elements of a good ‘Do It Yourself’ or ‘Travel Agency Prepared’ Plan, Safety for yourself and property, Navigating check in and security checks, and Travel options for persons with mobility concerns .

**Hosting A Smarter Potluck** - Is your potluck truly welcoming to guests with diabetes or heart issues? Is it easy to navigate by people with special dietary needs? Learn simple tips to make your potluck meals welcoming to almost everyone without eliminating a single dish.

### Wednesday, July 22, 2020 - SEMINARS - 2:00 - 3:00 pm

**What’s In Your Wallet?** - What should you keep in your wallet? This seminar will discuss the important documents you should take with you in your wallet. We will also look at the ones that should be left at home.

**Moles, Voles, and Skunks...OH MY! Nuisance Wildlife Pest Management** - We will explore how to identify what may be causing damage, and how to deal with those pesky little furry creatures....that EAT EVERYTHING! The talk will focus on Integrated Pest Management techniques including both lethal and non-lethal management strategies.

**Protecting Pollinators and the Rest of the Greater Majority** - A discussion of the importance of animal pollination, the current status of our pollinator community, and recommendations for protecting the critical services that pollinators provide.

**Public Sculptures of Spartanburg** - Spartanburg hosts bronze statues throughout the city and beyond. This program shares the stories behind the art, including artist information.

### Wednesday, July 22, 2020 - SEMINARS - 3:30 - 4:30 pm

**Easy Ways to Get More Physical Activity** - We will go over some ways of incorporating more physical activity in our everyday life.

**Volunteering in an International Setting** - International fun! Sue and her husband volunteered for a 3 month stint in Berlin, Germany. She will show slides and talk about her work running the kitchen at a student coffee house.

**Keys to Embracing Aging** - Learn healthy behaviors and choices that affect health and wellbeing. These behaviors and choices across the lifespan affect optimal aging. Learn how these behaviors and choices are integrated.

**Feed FeFe, Help the Iron De’fish’ent** - Tired, pale, dizzy, short of breath, headaches, restless leg, loss of appetite? You could be iron deficient come and learn more about iron deficiency.



## TOURS - Monday, July 20, 2020

### Tour #1 Walnut Grove Plantation



8:15 am - 11:15 am

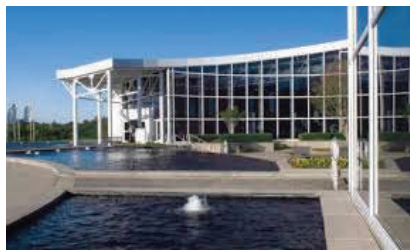
**COST: \$20**

**Limited to 55 people**

Take a trip back in time as we take a guided tour of Walnut Grove Plantation, established in c.1767 by Charles and Mary Moore

who raised ten children in the house they built and lived in for 40 years. The Moore's supported the patriot cause during the Revolutionary War and mustered local militia at Walnut Grove prior to the Battle of Cowpens. Many of the outbuildings used in the 18<sup>th</sup> century still remain. These include kitchen, blacksmith shop, wheat house, barn, meat house (built in 1764), wellhouse with dry cellar, school and doctor's quarters.

### Tour #2 BMW Plant Tour and Zentrum



11:45 am - 3:30 pm

**COST: \$25**

**Limited to 55 people**

Spartanburg is the home of BMW's first manufacturing facility outside of

Germany for the "Ultimate Driving Machine," the "X" model sports vehicles, Zentrum (the history museum & collection) and BMW's gift shop. Attendees will take a one hour guided walking tour of the manufacturing plant (7-million square feet where employees and robots make 1,500 vehicles a day from start to finish. ATTN: Walking distance is about 1 mile, **completely enclosed shoes required (toe and heel) NO EXCEPTIONS.** A waiver must be signed.



**Box Lunch** will be available to eat on the bus as you travel to BMW for those choosing to participate in both tours on Monday. Box lunch will include Chick-fil-A chicken sandwich, potato chips, cookie and drink.

**Must order in advance on registration form**

**COST: \$12**

## SPOUSE/FRIENDTOUR - Tuesday, July 21, 2020 - 8:15 am - 4 pm Hub-City and The Beacon - Cost \$21 - Limited to 14 people



We'll start with a tour of the historic Southern Railway Union Station Museum which shows how railroads were connected to the textile and peach industries in South Carolina. Over six railroad companies made Spartanburg the "Hub" of railroading in the upstate of SC. Our next stop will be to Twitchell Auditorium at Converse College, one of the South's leading performance venues since 1898 hosting entertainers like John Philip Sousa, Tony Bennett, Chet Atkins, George Burns, Duke Ellington, Burl Ives, Itzhak Perlman and Yo Yo Ma. Going behind the scenes, we will tour the 1,500-seat facility which includes a 2,700 pipe organ. Before heading to The Beacon Drive-in for lunch we'll walk through the Oakwood Cemetery featuring Hells Gate and learn how it got its name. Then to lunch at The Beacon which is ranked as the second largest drive-in restaurant in the US and serves over one million customers a year yearning for their special beef or chili-cheeseburger "a-plenty", piled high with French fries and onion rings. From lunch we'll drive by two huge pieces of the Berlin Wall (a Kodak moment), several historic cotton mills, Spartanburg Methodist Church and the Spartanburg Regional History Museum before returning to the Marriott. \$10 will be provided for lunch.

## SPOUSE/FRIENDTOUR - Wednesday, July 22, 2020 - 8:15 am - 4 pm Cowpens National Battlefield - Cost \$20 - Limited to 14



We'll visit the National Park's Revolutionary War Battle of Cowpens historic site which in 1861 was the pivotal battle with the Patriot Army under General Daniel Morgan (several streets and facilities in Spartanburg are named after him) and the British forces under Colonel Tarleton. We will talk with Park Rangers, see a film, walk and ride the actual battlefield which was the turning point of the Revolutionary War in the southern colonies. We'll have lunch at the Bantam Chef (a 1950's "blast from the past" restaurant), drop by Strawberry Hill USA for fresh peach ice cream (on your own), and end with a visit to Red Bordner Distillery for a taste of real southern moonshine). \$10 will be provided for lunch.

**SCFCL NEEDS YOUR HELP and these are the Committees needed for the NVON Conference:**

Hostesses and Facilitators Committee  
Collect Workshop & Seminar Tickets  
Introduce Speakers  
Present Thank You Gifts

ACWW Silent Auction & Past President's Corner  
Collect Items  
Display Items  
Report Total Amount Collected

Table Decoration (4 meals)  
Set-up Centerpieces, Decorations and Favors

Favors (4 meals)  
Assemble Favors

Door Prizes (Banquet only)  
Hand Out Door Prizes

Theme Raffle Baskets (3-one per district)  
Sell tickets

If you are willing to help, Please contact:  
Bette Chinnners-bchinnners@sc.rr.com 803-957-9163  
Pam Hanfland-phanfland@gmail.com 803-348-2820  
Jim Breznay-jbreznay@sc.rr.com 803-736-6535  
Pat Breznay-pbreznay@sc.rr.com 803-736-6535

**For Reservations to the 2020 NVON Conference**

**SPARTANBURG MARRIOTT**  
299 North Church Street  
Spartanburg, SC 29306

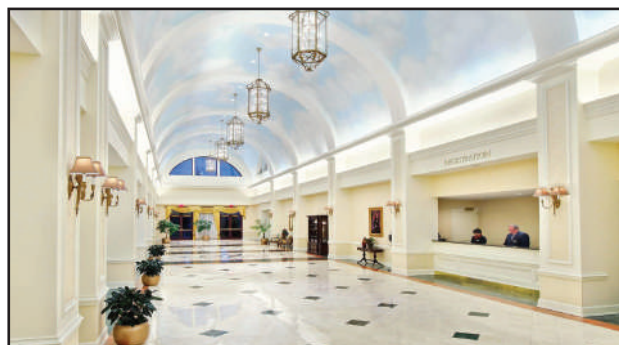
Go to: <https://tinyurl.com/NVONhotel>  
or call: **1-800-327-6465** Group Code: **NVO**

Room Rate: \$142 (1-2 occupants)

Complimentary on-site parking

(2) Breakfast vouchers included per room per night

Reservations by attendees must be received on or before 5 PM Friday, June 26, 2020.



**NVON Conference Craft Workshops** (For those not going on the tours)

**Monday, July 20, 2020 - CRAFT WORKSHOPS**

**Fabric Flower Pin - 9:00 - 10:00 am Cost \$2** by Sally Longway, Susan Stevens and Margie Paterson  
Make fabric flower pins into decorative items to be used as hair clips, on shirts, hand bags, etc.



**Christmas in July - 9:00 - 10:00 am Cost \$4** by Kathy Duncan and Linda Finley  
There will be a "SPECIAL GUEST" come to help us make a 6 inch Christmas Tree from Styrofoam and pompoms.



**Snowman - 10:30 - 11:30 am Cost \$1** by Dot Duckworth  
Make a snowman out of paint swatches along with another item.



**Quilted Christmas Bulb - 10:30 - 11:30 am Cost \$5 - Limited to 15** by Carolyn Romine  
Make a Christmas bulb by using material, a Styrofoam ball, and a metal nail file. Bring a metal nail file and scissors.



**Handmade Greeting Cards - 2:00 - 3:00 pm Cost \$5 - Limited to 15** by Judy Hogsett  
Make several handmade greeting cards suitable to mail to family and friends.



**Friendship Pens - 2:00 - 3:00 pm Cost \$2** by Betty Osgood  
Participants will make and take a "Friendship Pen". Supplies will be provided. Yarn covers two pens with braided tassels, one tassel with NVON letter beads. In groups of two, this is a friendship building workshop.



## Saluda County

For over 20 years, Saluda County FCL has held their Annual Soup and Sandwich Bazaar serving nearly 100 bowls of soup and various sandwiches as a fund-raiser. During the recent Bazaar, soup sold out in about an hour and a half, quite an accomplishment for such a small group of women (only 23 members.) The soup and sandwiches were prepared ahead along with cakes and other sweets. Corn bread muffins served with the soup made a great lunch to either eat in or take out. Members also made afghans and other homemade items to sell to customers as they walked to the Soup and Sandwich line.

After the Bazaar, Connie Lake, advisor was in the grocery store when a local resident mentioned the Soup and Sandwich Bazaar and what a great job the members had done in putting the event together, how much he enjoyed it and what an impact on the community members had made representing Saluda County FCL.

As our members are getting older, we will continue with this annual event as long as our bodies will let us serve the community. We love to take on a big challenge and complete a successful project.

### **WATER AROUND THE WORLD SCFCL Project in Common with NVON 2013 - 2020**



Visit: [scfcl.com](http://scfcl.com) for more information and see reports from countries where we have sent water filters.

Visit: <https://connectforwater.org/about/> to see where our donations are continuing to help get clean drinking water to those in need.

### **2020 STATE PROJECT**



“SCFCL Gives Hope” brings awareness to our members of the need for domestic violence shelters and gives hope to those who enter them by showing them that they are not alone and that there are those who are willing to stand by them and help them in their time of need. We are collecting and giving needed items to domestic violence victims in our state through local women’s shelters. Visit [scfcl.com](http://scfcl.com) for more details.

### **SPRING FOOTHILLS DISTRICT MEETING**

**Hostess:** Union County FCL

**Where:** Clemson Extension Office  
120 Kirby Street  
Union, SC 29379

**When:** March 24, Register-9:30 Meeting-10:00 am

**How much:** Registration \$3 Meal \$14 Total \$17.00

**Deadline for Registration:** Monday, March 9

**Payable to:** UCFCL

**Mail to:** Shirley Mitchel (864) 427-9686  
1200 Arthur Blvd  
Union, SC 29379

**Bring:** One door prize & one \$10 gift card per county

### **SCFCL State Officers to be elected in 2020**

#### **President**

(three year term beginning January 2021)

#### **Secretary**

(three year term beginning January 2021)

#### **Central District Director**

(elected at the Spring Central District Meeting to fill the remaining two year term due to a resignation)

#### **Coastal District Director**

(elected at the 2020 Fall Coastal District Meeting for three years)

Nomination forms are on [scfcl.com](http://scfcl.com) or by calling SCFCL President (803) 736-6535

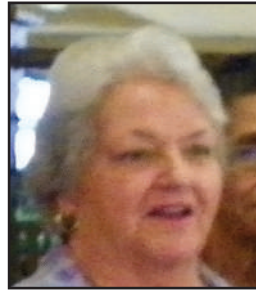


## 2019 Awards, Certificates and New Officer

**2019 Buff Swicegood  
Travel Study Award recipient  
Adair Hoover**



**New Foothills District Director  
Bobbie Earle**



### Individual Membership Awards

Individual members certificates are given each year at the Fall District Meetings to members for the total length of years as members of SCFCL (or its previous names). Certificates are presented to members when they are in the 25-30-35-40-45-50-55-60-65-70+ year of membership.

#### Certificates presented in 2019

Saluda	65 yrs	Dot Bradley
Lexington	65 yrs	Anne Addy
Oconee	60 yrs	Ruth Phillips
Lexington	55 yrs	Evelyn Funderburk
Laurens	55 yrs	Marilyn Easter
Allendale	45 yrs	Sara Gooze
Richland	40 yrs	Lillie Murray
Lexington	40 yrs	Carolyn Martin
Lexington	40 yrs	Ruth Barton
Fairfield	40 yrs	Lola Dove
Oconee	45 yrs	Dessie Beasley
Fairfield	40 yrs	Ruth Ameen
Richland	35 yrs	Mary Beth McSwain
Oconee	35 yrs	Gladys Gaines
Oconee	35 yrs	Marie Chatlos
Lexington	35 yrs	Willie Wingard
Lexington	35 yrs	Pam Hanfland
Lexington	35 yrs	Betty Dasher
Calhoun	35 yrs	Lillie Murphy
Calhoun	35 yrs	Margaret Guinyard
Barnwell	35 yrs	Daisy L Sanders
Union	30 yrs	Jane Peay
Richland	30 yrs	Annie Wilson
Oconee	30 yrs	Arstellar Moorehead
Horry	30 yrs	Gloria Gould
Greenwood	30 yrs	Emma Harling
Richland	25 yrs	Lillian McNeill
Oconee	25 yrs	Ethelin Stancil
Laurens	25 yrs	Jean Davis

### County President's Awards

Each year the County President's Award is presented during the Annual Meeting to County Presidents who demonstrate leadership, represent their county with enthusiasm, attend district and state activities and meetings, submit documentation requirements on a timely basis and accomplish items listed below by the County President or designated representative with a positive attitude.

The person who served as County President from January to December shall receive the certificate representing their County.

#### Certificates presented in 2019

Bamberg	Dorchester	Orangeburg
Barnwell	Hampton	Richland
Beaufort	Kershaw	Saluda
Calhoun	Laurens	Union
Chester	Lexington	Williamsburg

### New Member Awards

New member certificates are given to counties who have new paid members in one year (January to December). Certificates will be based on previous year's final membership numbers. New members cannot previously have been a member of SCFCL (or its previous names).

#### Certificates presented in 2019

Allendale-1	Greenwood-1
Anderson-1	Kershaw-2
Bamberg-6	Laurens-1
Barnwell-6	Lexington-3
Charleston-1	Newberry-5
Chester-7	Richland-2
Colleton-1	Sumter-2
Dorchester-8	

## **Notes from your President, Pat Breznay**

Well here we are in Two Thousand Twenty, LLXX. Next year our organization will be 100 years old.

A lot has happened in the past 98 years. We've had multiple name changes, increases and decreases in membership, 30+ state presidents as dedicated leaders, annual and district meetings every year, helped legislate compulsory school attendance and school lunch programs, provided quality education lessons for our members, promoted issues like immunization, physically handicapped and once again domestic violence awareness (a continuing family issue.)

We've visited legislators from Washington, DC to the SC State House keeping our members abreast of state and national affairs. Even though most of our membership is retired, they continue to make a difference in their communities, still meeting challenges not at the same pace as in the past but completing every successful project one step at a time.

Yes, we still improve the quality of life for individuals, families and communities through fellowship, education and service and will until we can no longer.



This is going to be a year packed full of activities. We start with:

- **MARCH** - three Spring District Meetings
- **APRIL** - State Education Committee along with Clemson University support staff will select 12 education lessons for 2021
- **JULY 20-22** - SCFCL will host the 2020 NVON Conference in Spartanburg for approximately 150 attendees from the 9 member states (of course, that includes lots of support from SCFCL members)
- **OCTOBER 13** - three Fall District Meetings and the SCFCL Annual Meeting all in one day at Our Saviour Lutheran Church, West Columbia hosted by Lexington County and
- Continue to work on the "Water Around The World" Project and
- The new 2020 State Project "SCFCL gives Hope, domestic violence awareness."

Each club has lots of activities, events and projects they participate in throughout the year and successfully complete annually. With all the happening this year, it would be a great time to invite a new member to help and share the excitement.

Our dear friend Iris Coleman passed away in February. She was the State Parliamentarian and will be truly missed by the board and her Chester County Members. Keep her family in your prayers.

Mrs F N (Ida) Culler, Past State President (1962-1965) passed away February 16, 2020. She turned 101 in 2019. Keep her family in your prayers as well.

Thanks again to Greenwood County FCL for hosting the 2019 Annual Meeting at the Inn on the Square in Greenwood. The accommodations were wonderful, the food was great and the workshops were enjoyed by all as was noted on the evaluations. It goes to show a small group of dedicated members can make a successful meeting.

## **Message from your State Advisor, Connie Lake**

With today's warm weather it lets me know that spring is just around the corner. If you are like me, you are probably ready to get out in the garden and plant the vegetables. Spring is a time you look forward to during what is coming during the year. The South Carolina FCL is looking forward to the NVON meeting being hosted here in our state. With an abbreviated FCL state meeting this year, you should try to attend the NVON meeting. It will be both educational and entertaining.

Now that 2020 has begun, let's look back at the past year and see what we accomplished. We had a wonderful state meeting thanks to the Greenwood FCL group where we learned a lot about genetics, crafting and the great hospitality of the Greenwood area. Even though I live near Greenwood, I learned a bit about the area too. I want to personally thank the Greenwood group for all their hard work and especially the meeting committee.

If you read Saluda County's article (my county) and see what a small group of women with enthusiasm can do, don't think that you do not make a difference. You do! You make a big impact in your family and in your community. That is contagious. We cannot measure how that impacts others. Keep up the good work in your communities. You are making a difference. Together we are a powerful force in the state.



## 2020 SCFCL Officers

### President

Pat Breznay  
(803) 736-6535  
pbreznay@sc.rr.com

### Vice President

Silverteen Mitchum  
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### Treasurer

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westcu2truvista.net

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### Foothills District Director

Bobbie Earle  
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Go to Facebook on your browser (internet explorer, chrome). Once you have set up a Facebook account and created a password, then sign in. Now that you are signed in, type in the Facebook search box: **South Carolina Family and Community Leaders**. In order for you to receive newsfeeds, you must "Like" the page.

Be sure to invite your friends!

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**"News and Views"** is a publication of the South Carolina Family and Community Leaders and is published semi-annually. For questions contact Editor, Pat Breznay, 6 Valhalla Court, Columbia, SC 29229-3311 (803) 736-6535 pbreznay@sc.rr.com