

News and Views

South Carolina Family and Community Leaders

"Improving the quality of life through fellowship, education and service"



Fall

SCFCL Website: <http://www.scfcl.com>

2017

We're looking for new members. Can you help?



- Look in your Church
- Look in the Grocery Store
- Look while shopping
- Ask a neighbor to a meeting
- Ask a friend
- Invite a workmate
- Invite a relative
- Look high and low

SCFCL is the best kept secret. Help get the word out!



SCFCL now has a [Facebook](#) presence. "Click" on the "Find us on Facebook" button at <http://www.scfcl.com>. Be sure to "**LIKE**" us and follow South Carolina Family and Community Leaders to keep up with the latest SCFCL news.

SCFCL is affiliated with Associated Country Women of the World (ACWW), Country Women's Council USA (CWC), National Volunteer Outreach Network (NVON) and in partnership with Clemson University Cooperative Extension Service

Central District

*Aiken, Allendale, Bamberg, Barnwell, Calhoun, *Chesterfield, *Darlington, Fairfield, Kershaw, Lancaster, *Lee, Lexington, *Marlboro, Orangeburg, Richland and Sumter

Bamberg County



Bamberg county activities:

22 members attended the Fall Central District Meeting in September.

Played Bingo at Senior Citizen Center in October and November.

Enjoyed Christmas Dinner in December with speaker Rev. Abigail Crosby.

Calhoun County

Members worked the past and present year to accomplish set goals. The following are accomplishments listed:

1. 2016 Annual Christmas Community Dinner
2. Nursing Home Bingo Game
(contributed bingo items for participants)
3. Birthday Club Event
4. FCL members made sleeping bags, single bed quilts, and lap quilts for the abuse women shelter-(CASA)
5. The Mental Health Agency of Calhoun County received Easter Baskets for the young clients
6. Monthly FCL lessons were taught by members with additional demonstrations with the following lessons:
 - *different types of dehydration for fruits and veggies
 - * process of planting white potatoes (using eye of the potatoes)
7. FCL members provide "Caretaker Service" to clients in the community

Calhoun County Family and Community Leaders (CCFCL) members are looking forward to working with the community for the 2017/2018 year.



Calhoun County members planning for the year's activities

Lexington County

Lexington County FCL has been busy! We are 95 members strong with nine clubs that are diverse in what they accomplish. We held our spring meeting at Ashland United Methodist Church in West Columbia with 35 members present on March 18th. The topic for the meeting was "Herbal Talk" with presentations by Dale Morrow and Dot Tunstall. They provided some tasty samples to eat.

On Tuesday, March 21st, 4 members attended the Central Spring District meeting hosted by Kershaw County in Lugoff. The 5th annual Herb Festival was held on April 1st at the Lexington County Museum and was well attended. From the monies made at the Festival, a scholarship in horticulture is given.

A group of 29 toured the Botanical Gardens and Wing Haven in Charlotte, NC on Saturday, April 29th (pictures on right).

"Just Bead It" was held on Saturday, May 13th with seven ladies attending; they each made a necklace and matching earrings.

We will be hosting the Central Fall District meeting on Monday, September 18th.

Our fall Council meeting will be held on October 14th with Kaye Gerrald from the "Classy Cruet", speaking on Kaye Gerrald from "Classy Cruet", speaking on "Healthy Benefits of Olive Oil".

We again supported "Water Around the World" for water filters and Foster Care Children in our county. Our craft in the fall will be making wreaths.

We will be selling those great pecans from the Golden Kernel Pecan Company in Cameron for our fund raiser. This year we added chocolate covered pecan halves to sell, along with jumbo pecan halves and both small and large pecan pieces. We will be ready for lots of baking! Bob and Judy Taylor will be in charge of our pecan fund raiser.

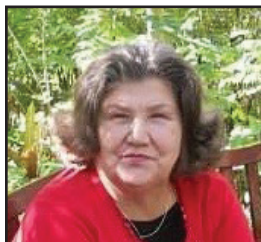


Richland County

It is with a heavy heart that we announce that our dear friend and member of over 40 years passed away in May: Addie Mae Jones (pictured) of the Fairlawn FCL Club. She started the Dentsville Extension Homemakers Club in 1976, later joining the Fairlawn Club where she served as president for many years.

She was proud to be a part of FCL and in addition to serving as Richland County's Vice President for Public Relations, faithfully submitting articles promoting our activities for over 10 years, she constantly spread the word about FCL through her many community contacts.

Addie Mae was honored by her club, Fairlawn, as Leadership Award recipient and was also a Richland County Leadership Award recipient.



These honors were bestowed upon her because of her love for others through her enthusiasm and generous hospitality; her devotion to community, school and church; and last, but not least, her family. She epitomized the standards and high ideals that the Leadership Award was established to recognize. These accomplishments highlighted the personal time, effort and genuine hard work that Addie Mae devoted not only to Richland County FCL but to her church, community activities and numerous volunteer projects. She was a tireless worker and leader, one who gave selflessly of herself in her volunteerism.

A dedicated member, she will truly be missed. Our sympathy, love, and prayers continue to be with her family.

Orangeburg County

Orangeburg County FCL has been involved during 2016 in spite of the fact that we only have twenty-eight members and some of these have not been able to participate in many activities.

Some of the activities in which we were involved included visits to shut-ins and taking food and/or gifts. Also, members provided transportation for persons who were unable to drive themselves to doctor appointments and /or grocery shopping. We continue to provide refreshments at the break time twice each year at Santee Industries, a day-care for Special Needs Adults. One visit is in December and in addition to refreshments each client is given a gift for Christmas. The Southern Applique Lovers made a quilt which they raffled at the County Fair in order to have funds for their club activities and projects.

The Providence Club is collecting empty plastic pill bottles for inclusion in shipments of medical supplies to developing countries.

As a county fundraiser, all clubs participate in selling tickets for a meal at one of the local barbecue restaurants and the money earned is contributed to community agencies that serve the public. Usually we are able to contribute from \$650.00 to \$850.00. To name a few, we give to the County Library, County 4-H Clubs, Citizens Against Sexual Assault, Mabry Cancer Center, Diabetes Association, and three Nursing Homes, as well as contributing to Hebron Grace Home, a residential facility for Women seeking to recover from addictions. 2 kits for Water Around the World were purchased in 2016; one by a club and one by an individual.

Orangeburg was well represented at the Spring and Fall Central District Meetings but only had two members attend the SCFCL Annual Meeting. At our two Council Meetings about 60% of the members were in attendance.

We lost one member by death and two chose not to renew membership. Our membership is aging and we have not been successful in gaining new and younger women. However, those who continue as members are dedicated to fulfilling our mission and abiding by our creed.



(l to r) Hazel Tilley, Lois West, Sue Shuler, Betty Shuler, and Susie Jefferson assembling pill bottles.

Kershaw County

The Kershaw County Mt. Pisgah Club members are enjoying their recently renovated clubhouse (pictured lower right). The building now has a new roof, gutter guards, porch rails, and a new supply cabinet as well as cleaned carpet and an updated bathroom (Bottom right-Mt Pisgah Club House).

Even though our club is small in number, we are proud of what has been recently accomplished with the building renovation and appreciate all the donated building materials that helped make it a success. We also welcomed two new members to the club this year.

Both Kershaw County FCL Clubs, Parker and Mt. Pisgah, are currently collecting backpacks to be sent to needy students of the Lynch, Kentucky schools. After collecting clothing and household items last year for the families that lost their jobs due to the closing of the coal mines in Lynch, the group realized that school supplies were also needed for the children of these families.

Kershaw members are looking forward to a summer outing and lunch at Swan Lake Iris Gardens, Sumter.



(Picture on left)

Mt. Pisgah Members (l to r) 1st Row: Eather Evans, Elizabeth Pate, Louise Brister, Doris Horton, Nancy Hilton, 2nd Row: Betty Gilmer, Maxine Baker



Coastal District

Beaufort, *Berkeley, Charleston, *Clarendon, *Colleton, *Dillon, Dorchester, *Florence, *Georgetown, Hampton, Horry, *Jasper, *Marion, and Williamsburg

Beaufort County



Alvesta Robertson (r), member of the June group who taught members how to make homemade household cleaners using one of the education lessons supplied by SCFCL.



Mary France (l) and Elizabeth Santagati (r) show off Beaufort's Club project which was to buy new items for the Storks' Nest of the Wesley United Methodist Church. Pregnant mothers select any items they need as long as they can show proof they are receiving prenatal care. They can also select items for the newborns or toddlers as long as they can show proof the children are under the care of a pediatrician.

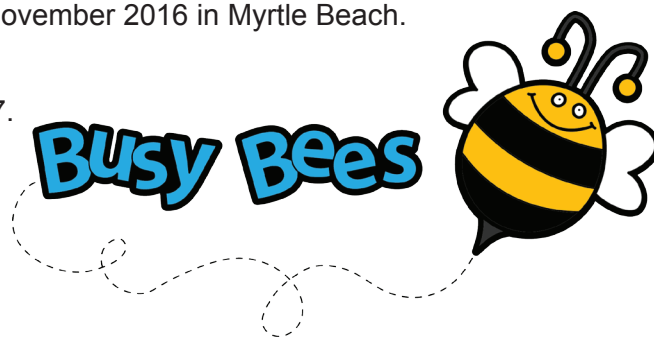
Horry County

The Busy Bee Club was alive and buzzing in 2016 with 12 members. Our calendar year for meetings was from September 2015 to May 2016. We continued meeting from September to December 2016.

Our activities included:

- Donated to families in the community who suffer life threatening diseases.
- Supported those who suffered extensive damage to property due to Hurricane Matthew.
- Presented a Christmas gift to those in our community who suffer from a major illness.
- Invited community members to our Family Fun Night during May for an evening of good fellowship, fun and food.
- Met monthly and shared prayers, food and education lessons from SCFCL.
- Attended a Taste of Home Cooking Show held in November 2016 in Myrtle Beach.
- Increased our membership by one member.

We look forward to further increase in membership in 2017.





South Carolina
Family And Community Leaders

2017 Annual Meeting Registration Form
97th SCFCL Annual Meeting

"Long Ago and Far Away"
October 28, 2017
Concord Presbyterian Church
3350 E Brewington Road
Sumter, South Carolina 29153

Please keep a copy for your records, AND please fill out a separate form for each person attending.
Please include a self-addressed, stamped envelope or an email address if you wish to receive registration confirmation.

Please print

Name _____ Phone _____

Address _____ County _____

City _____ State _____ Zip _____

Email _____

(Check all that apply)

Voting Delegate _____ Advisor _____ Board Member _____ State Office Held _____

Member _____ New Member _____ First Time at Conference _____ Guest or Non-Member _____

Dietary Restrictions _____

Registration Deadline OCTOBER 3, 2016. A \$10 late fee will be charged if registration is received after October 3.

Conference Registration Fee (including refreshments, lunch and workshop)

Members: \$35 _____ Non Members \$40 _____

Total Amount Submitted _____ Fees are transferable not refundable

Annual Meeting Chair: Bobbie Earle: (864) 984-4088 cell (864) 871-1712

Make checks payable to: SCFCL

Mail check with form to Registrar: Doris Taylor, 1103 East Jerry Road, Laurens, SC 29360 (864) 682-5225

Meeting Agenda (tentative)

9:30 - 10:00	Registration & Refreshments	Share Your "FCL" Story
10:00 - 10:05	Welcome & Announcements	12:45 - 1:00 Sharing Your County Story
10:05 - 10:15	Remarks Bobbie Earle	1:15 - 1:35 Speaker Betty Osgood-Her Travels
10:15 - 11:45	Business Meeting	1:35 - 2:00 Buff-Swicegood Travel-Study Award Recipient Project on Aging
12:00 - 1:00	Lunch (Sweet Magnolia)	2:00 - 2:45 Closing Remarks/Door Prizes

Foothills District

*Abbeville, Anderson, *Cherokee, Chester, *Edgefield, Greenville, Greenwood, Laurens, *McCormick, Newberry, Oconee, *Pickens, Saluda, *Spartanburg, Union and York

Laurens County

Laurens County FCL continues to be active with many service projects:

- Ministering to the needs of the Laurens County Memorial Home for the Aged. At monthly meetings members bring in requested supplies to be delivered to the home. Monetary donations are made on a regular basis. Tray favors are made and delivered to the home at Easter and Christmas.
- Donating non-perishable food items and clothing for the Laurens County Crisis Center.
- Volunteering at the Laurens County Crisis Center to bag food that is given to the needy in the county.
- Participating in the Labels for Education Program to collect UPC labels and the Box Tops for Education program to donate to local schools to purchase supplies.
- Recycling metal, plastic, glass and paper products.
- Donating to Pennies for Friendship and Nickels for South Carolina Youth.
- Providing tray favors for the Laurens County Hospital at Easter and Christmas.
- Collecting used stamps to donate to Daughters of the American Revolution Project to sell to stamp collectors to benefit Veterans.
- Donating calendars for Youth Ministry Projects.
- Donating plastic tops for "Fight Children's Cancer".
- Collecting soda tabs for Ronald McDonald House.
- Donation to Heart Strings of Laurens County to support DSS placement of foster children.
- Donation of toiletry items for the Safe Home for victims of domestic abuse.

Laurens County FCL received the following awards in 2017:

- The Gold Award for Certificate of Appreciation from SCFCL.
- Virginia Thompson was awarded the 30 year membership certificate.
- Lois Bowers was awarded the 25 year membership certificate.



Members prepare Christmas tray favors for Laurens County Hospital & Laurens Memorial Home for the Aged.



(l to r) Virginia Thompson receives 30 year membership award, Lois Bowers receives 25 year membership award and President Linda Finley receives the Gold Award for Certificate of Appreciation from SCFCL.

Chester County

While looking through a craft magazine, one of our FCL, (Family and Community Leaders), noticed an article which was a challenge for participants to make one million pillowcases for Children in the Hospital. This was a project which we got really excited about and decided to make as many pillowcases as we could. The hospital we chose was the Shriners Children Hospital in Greenville. Our "Bits of Thread" club made 33 pillowcases and took them to The Shriners Children Hospital, everyone at the hospital was so happy to receive them.

It was then we decided to share this project with the 4-H club and other interested youth. We taught the young people how to make the pillowcases as project for our FCL club during our "Heritage Skills Sewing Class".

There were 15 young girls and one boy in the class plus 12 helpers, all together they made 80 pillowcases. Each young person made one pillowcase to take to the Shrine Hospital and one for themselves. The "Heritage Skills Class" was one of the best we have had. (pictured upper right)

Thanks to Linda Westbrook and her helpers and the youth at Edgemoor ARP church for all their hard work. Linda is retiring and we are looking for someone to take her place.

The ladies of Neely Creek ARP church heard of our project and liked the idea and they made 20 pillowcases to add to ours for the hospital.



Greenville County

The Devenger Homemakers Club is the only remaining club in Greenville County. As the years go by our numbers dwindle as our members get older, experience health problems, etc. We continue to meet September through May. We plan to do so again this fall. We still have our pet projects but we no longer worry about programs. Instead we have decided to be a lunch group meeting as friends who enjoy each other's company. This move started several years ago when we began to focus on our own stories instead of outside speakers.

Frankly we have had enough nutrition lessons and safety lessons. We decided to start listening to our own narratives; the many experiences of our lives and families. It started with simple questions like 'how did you meet your mate?' "What was your favorite gift?" "What are some books that were life changing for you?" "Where were you when?" " We discovered wonderful stories within our own group. So if you are scratching your head wondering what to do for a program; go no further than your own club members. Ask them questions about their own lives....it's called personal history!

In loving Memory

Calhoun County
Gladys Meyers
Almeta Quiller

Lexington County
Wilma Pound

Dorchester County
Doretha Jenkins

Richland County
Addie Mae Jones

Williamsburg County

Williamsburg County FCL got off to a good start this year, we're 34 members strong with 5 others that will be joining us this coming year. We discuss three of the 2017 lessons, 1. Nora Barr- Use Caution with Dietary Supplements, 2. Elizabeth Maxwell- Designing Healthy Food Environments, so the Healthy Choice is the Easy Choice, and 3. Silvertown Mitchum- Healthy Living as we Age. We have three clubs in Williamsburg County: Blakely FCL Club, Beulah/Bethesda FCL Club and Helping Hands FCL Club. We attended the Spring meeting, hosted by Dorchester County FCL in St. George, SC. We will be attending the fall meeting. Gladys Samuels, Pauline Myers, Sarah Davis, Ester Lyons and Sarah Smith volunteered at Vital Aging of Williamsburg County to play bingo with seniors, and took door prizes with them. Pauline Myers, Florence Osborne and Gladys Samuels distributed school supplies to Kenneth Gardener Elem. School.

To end the year Sarah Butler, Lillie Rivers, Rose Nesmith, Gladys Samuels, Harold Palmer, Rose Tisdale and Silvertown Mitchum, Shirley Graham and Kimberlette Hemingway went on a trip to Bishopville, SC. We visited The Pearl Fryars Topiary Garden (pictured to the right) and The SC Button Museum. We ended the trip with a delicious meal at Mr. Bees Restaurant. Mr. Ed Wilson is Our President.



FALL CENTRAL DISTRICT MEETING

Hostess: Lexington County FCL

Where: Our Saviour Lutheran Church
1500 Sunset Boulevard
West Columbia, SC 29169

When: Sept 18, Register-9:30 Meeting-10:00 am

How much: Registration \$3 Meal \$12 Total \$15.00

Deadline for Registration: Thursday, August 28

Payable to: Lexington County FCL

Mail to: Bette Chinnors
152 Cherokee Hill Court
Lexington, SC 29072

Bring: One door prize & one \$10 gift card per county

State Officers to be elected for 2018

President (3 year term)

Secretary (3 year term)

Coastal District Director (3 year term elected at the Fall District Meeting)

If you are interested in serving this organization, download an Officer Nomination Form from the SCFCL web site then mail completed form to SCFCL President who will forward to the Nomination Committee Chair. Deadline July 1, but since we have had no one submit their application, we are still hoping to have someone volunteer by the upcoming District Meetings.

FALL COASTAL DISTRICT MEETING

Hostess: Hampton County FCL

Where: Lester's BBQ
8500 Savannah Highway
Estill, SC 29918

When: Sept 19, Register-9:30 Meeting-10:00 am

How Much: Registration \$3 Meal \$14 Total \$17.00

Deadline for Registration: Tuesday, September 12

Payable to: Hampton County FCL

Mail to: Clemson Extension, Hampton County
Lisa Terry
P O Box 646
Hampton, SC 29924

Bring: One door prize & one \$10 gift card per county

FALL FOOTHILLS DISTRICT MEETING

Hostess: Saluda County FCL

Where: Salem Baptist Church
2226 Denny Highway
Saluda, SC 29138

When: Sept 26, Register-9:30 Meeting-10:00 am

How much: Registration \$3 Meal \$12 Total \$15.00

Deadline for Registration: Friday, September 15

Payable to: Saluda County FCL

Mail to: Patricia Berry
515 Bethany Schoolhouse Road
Saluda, SC 29138

Bring: One door prize & one \$10 gift card per county



Water Around The World

This is the 5th year for this “Water Around The World” Project in Common with NVON and many of the member states have taken on other projects and have removed this project from their active list. Several states still trickle in donations starting with May donation month. There may be other donations in November.

In May, Indiana, South Carolina and Wisconsin made donations of \$830.84.

In February, Lylene Scholz and Marcelline Protheroe (former NVON officers) traveled to Nicaragua and witnessed the dire need for water filters. Fortunately, there was enough money after May to send 50 filters to Nicaragua with a shipment through Wisconsin/

Nicaragua Partners. Amy Wiza, its Executive Director coordinated the efforts and will make sure the filters get to the needed village. The filters missed the first shipment but were sent with the next shipment.

At the 2017 NVON Annual Conference in Raleigh, NC, attendees wanted to make donations toward this project so clear vases were placed on the tables at the Banquet and \$370.00 was collected. Indiana, North Carolina and Wisconsin presented Pat Breznay, WATW Chair with checks worth \$2807.49 toward this project as well. The donations will be placed in the WATW Fund and when another area is in dire need, water filters will be shipped.

Since July 2012 when this project was introduced, these most generous organizations have raised over \$121,200 toward supplying 2,067 water filters to needed families in villages helping them get clean drinking water one filter at a time around the world.



SCFCL's 4-H Scholarship Recipients

(made possible through donations into Nickels for SC Youth Fund)

Lindsey started in 4-H at an early age and became the President of her Lexington County 4-H Club. She has represented South Carolina in the National Livestock Judging Contest, National Dairy Judging Contest, the Citizenship Washington Focus Presidential Inauguration Trip and competes in Healthy Lifestyles competition.

Lindsey is very active in her school where she is in the top 10% academically, is involved in many clubs such as being the Vice President of DECA, Treasurer of FFA, BETA club, TARS, and a Student Council Representative. Lindsey is also a member of the State 4-H Council as a Midlands Representative.

Through her 4-H leadership experiences, Lindsey has learned a lot of valuable lessons including social and comprehensive skills that will help her reach her career goal to become a cattle geneticist.

Betty Osgood (middle) attended the 4-H Awards Banquet July 14 at Little John Coliseum, Clemson University with Lindsey Scott (l) and Stephanie Aull (r) both from Lexington County who each received a \$500 scholarship from SCFCL donations.



Stephanie was introduced to 4-H through her involvement with horses and joined the Lexington County 4-H Club to broaden her knowledge of horses through education, experiences and relationships. While her passion has always been mainly for horses, she developed another passion for leadership and community service, holding numerous leadership positions. She is also a member of the State 4-H Council as a Midlands Representative.

Stephanie was instrumental in planning the 2017 State Congress, Junior and Senior Teen weekends. Some of her community service projects include: volunteering at an animal shelter, participation in Operation Christmas Child, supporting homeless shelters and mentoring young children. In 2016, she began an internship with her local 4-H Agent which helped her realize what she wants to do in the future, major in Animal Science with a concentration in Agribusiness and attend Clemson University in the fall.

a message from the President



Hey Y'all! It's Summer in the South, hot and humid. By now we're all longing for the lower temperatures and cool breezes of Fall. It is also time to start planning for the Fall District Meetings and the Annual Business Meeting. If your club has taken the summer off, it's time to plan meetings and

invite prospective members to meet your group and become part of the fun. Then invite them to your District Meeting to see what this organization is all about. The Annual Business Meeting on October 28, will not be at the Phillips Market Center this year. The location has changed to Concord Presbyterian Church in Sumter. Don't miss out on the fun! Plan to attend!

We have a new State Advisor. Connie Lake, a Clemson agent from Saluda County, has accepted the position. Many of you already know Connie. She has worked with SCFCL and is very familiar with our concerns. She has jumped right in and is helping with the 2018 Education Lessons and will be working with the Board, planning future projects. Please come to the District Meetings and welcome Connie to SCFCL. We will see YOU there!

A note from our NEW Advisor



During the summer, I accepted the position of your State FCL Advisor. I am a graduate of Winthrop College with a Bachelor's and a Master's degree in Home Economics Education. I have nearly 32 years of experience with Clemson Extension Service in Saluda County. I have worked with the FCL in Saluda, Aiken and Newberry Counties over the years. On January 30, 2018, I will retire from the state through the TERI program. However, I am doing a part-time hire back to continue as your FCL advisor. I look forward to the upcoming years to work with you and assisting you with your programming. Let's create a successful educational experience for those around us.

Connie N. Lake
CLEMSON UNIVERSITY
Cooperative Extension
County Extension Agent
Saluda County
201 East Church Street
Saluda, SC 29138
clake@clemson.edu

Work: 864.445.8117 Cell: 864.992.8862



Eat Local, Eat Healthy

The 2016-18 NVON Project in Common, Eat Local, Eat Healthy and SCFCL's State Project emphasizes the local foods movement. Food now travels an average of 1500 miles before ending up on our plates. This globalization of our food supply has serious consequences for the environment, our health, our communities and our taste buds. The local foods movement is a collaborative effort to build more locally based, self-reliant food economies. In 2007, locavore was the American Oxford Dictionary Word of the Year. Do you know what it means? A locavore eats food that is produced within 100 miles of their home, whether from farmer's markets, community-supported agriculture or grow your own.

At the turn of the 20th century, most of the food that we ate came from within 50 miles of where we were eating it. But as the American demographic shifted from rural to urban, many local food sources disappeared. Aided by improvements in distribution from interstate highways and overnight shipping, we started looking farther and farther away from home for our food. Or, rather, we weren't looking at all. We'd walk into supermarkets or restaurants and choose from the bounty of products that the big trucks had dumped at our doorstep. Consumer choices about food spending and diet are likely to be influenced by the accessibility and affordability of food retailers—travel time to shopping, availability of healthy foods, and food prices. The return of locally sourced produce is a recent phenomenon.

Eat Local, Eat Healthy encourages everyone to work closely with the foods movement at their respective Extension Service. There are many ways to participate:

local farmers markets

community supported agriculture

food coops

school gardens

or grow your own.

2017 SCFCL Officers

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Linda Westbrook
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Edgemoor, SC 29712

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South Carolina is going to be a premier place to view the Total Solar Eclipse on August 21, 2017 starting about 1:13 pm in the Columbia area (check your local area for times.)



“DO NOT LOOK” at the SUN without special glasses which can be purchased at numerous stores for a minimal fee. Get a souvenir pair for you and your family so you will be protected. The next Total Solar Elcipse visible in the United States will be about 2024, not necessarily totally visible in South Carolina.

If you're in the path of the Total Eclipse, you see what is perhaps one of the most phenomenal sights that human eyes can convey to a brain!

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