



South Carolina Family and Community Leaders Education Lessons

2016 LESSONS

Day Tripping In South Carolina

Easy Ideas for Making Door Prizes

Food Myth – Veggies and Fruits from A Can Are Bad For You

Growing Tomatoes in Containers

Healthy Eating When Dining Out

Honey Bees and Beekeeping

How to Propagate Plants

Strategies for Relieving Stress

Turning Clutter into Cash

Plus Information on the Guardian Ad Litem Program In SC

STATE PROJECTS IN COMMON WITH NVON

CONTINUE OUR SUPPORT OF WATER AROUND THE WORLD

Water is an essential resource and fundamental building block of life. This project creates awareness of problems that arise when clean water is lacking and how we can help those in need around the world.

EAT LOCAL – EAT HEALTHY

This project emphasizes the local foods movement. Members may participate by shopping farmer's markets, joining food co-ops, helping with school gardens, supporting community agriculture and planting a garden.