

News and Views

South Carolina Family and Community Leaders

"Improving the quality of life through fellowship, education and service"



Spring

SCFCL Website: <http://www.scfcl.com>

2016

Associated Country Women of the World

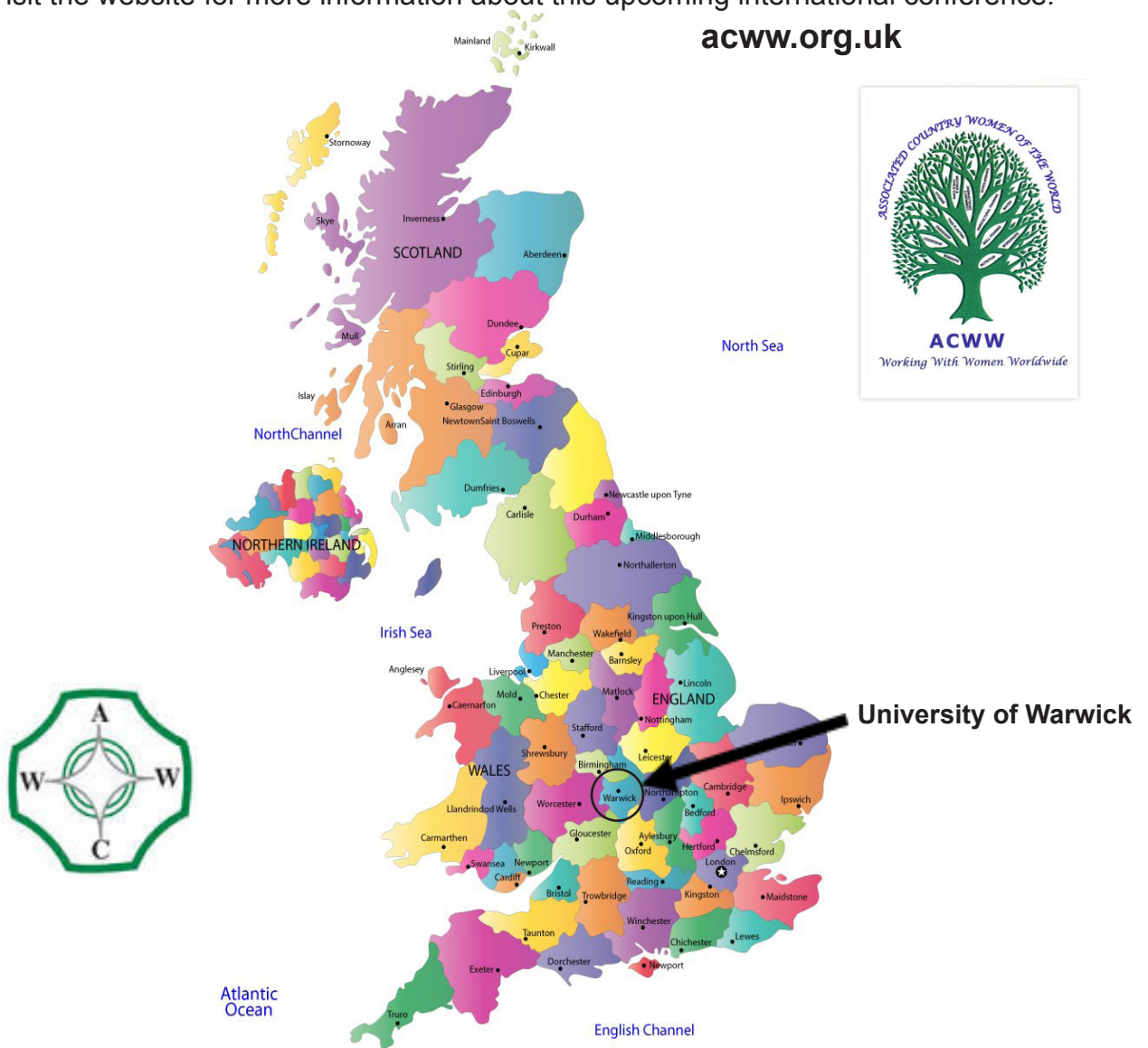
28th Triennial World Conference

August 17-23, 2016

University of Warwick, Coventry, England

Visit the website for more information about this upcoming international conference:

acww.org.uk



SCFCL is affiliated with Associated Country Women of the World (ACWW), Country Women's Council USA (CWC), National Volunteer Outreach Network (NVON) and in partnership with Clemson University Cooperative Extension Service

Central District

Aiken, Allendale, Bamberg, Barnwell, Calhoun, Chesterfield,* Darlington,* Fairfield, Kershaw, Lancaster,* Lee, Lexington, Marlboro, Orangeburg, Richland and Sumter

Sumter County

Sumter County FCL members were working on many projects in 2015. Most of our seven clubs had individual projects during the year including collecting non-perishable foods for food banks, making items for nursing homes and providing personal care items for shelters. We gathered for our spring and fall Council Meetings and our Member's Only Christmas Luncheon, but our big project for the year was working on the SCFCL Annual Meeting in October. This was the first time it had ever been held in Sumter. The theme was Simple Changes for Creating a Legacy, a play on the letters SCFCL. This theme of change really had new meaning for everyone attending, the meeting was just a week after the flood! But our members rallied to bring off a wonderful day. All the clubs provided breakfast refreshments for our guests and helped to serve them. Crafty Chicks club served on the meeting committee and decorated the fellowship hall and made door prizes and favors. Happy Quilters club made bookmarks for each person. Sumter members also participated in the Ages of FCL fashion show and provided vintage clothing for the stage décor. Arlene Jones, Meeting Chair, set up a Museum of Change showing how household items had changed over the years and become so much more labor saving. We ended up with a great attendance, enjoyed an informative speaker, Kathy Coleman, and finished with a membership workshop with ideas for attracting new members. Members left with a parting gift of a bird feeder made from vintage teacups and saucers. This one day annual meeting was a memorable first for both state and Sumter County members and served as an example for future state meetings.



2016 SCFCL State Project

The Smart Lunchrooms Movement began in 2009 in New York at Cornell University and has since grown and expanded to other states, including South Carolina. Dr. Brian Wansink at Cornell University's Food and Brand Lab leads the Smart Lunchroom effort Nation-wide

with the intent of gathering research on the Smart Lunchrooms program. In late 2010, Dr. Wansink and Dr. David partnered up to develop the Cornell Center for Behavioral Economics in Child Nutrition Programs, also known as the B.E.N. Center. Through the B.E.N. Center and the research conducted at Cornell University, Drs. Wansink and David have succeeded in spreading the Smart Lunchrooms Movement to schools across the country.

The Smart Lunchrooms Movement's mission is to improve the health of children by equipping school lunchrooms with the tools necessary to improve child-eating behaviors. The program's core values include sustainability, promotion of healthful eating behaviors, focus on the environment of the lunchrooms, and low cost or no cost solutions.

The Smart Lunchroom Movement uses a self-assessment scorecard to evaluate the schools' lunchrooms to make improvements in the areas needed. A pre-assessment is performed on each lunchroom using the Smart Lunchroom score card to set a baseline. This lets lunch room staff know where improvements are needed before a second Smart Lunchroom score card assessment is performed. To use the self-assessment scorecard, individuals must check the boxes to the left of the statements that completely reflect the school's lunchroom environment. After checking all the boxes that are true for the lunchroom, the completed score cards may be dropped off with the school's administrative assistant, who will then return it to SC Department of Education (SCDE). SCDE will total the score on each card - that number represents the baseline score for the lunchroom. The national average score for lunch rooms is between 30 and 50 points. The program is designed to have the score cards used annually to measure the lunchroom's improvements.

We are asking for volunteers to assist us with the score card pre-assessment (one time per school) and possibly another assessment of the same school next year to document any improvements. All volunteers will be trained on how to use the score card before they are asked to go and use it. Additionally, we will encourage our volunteers to go into each school in pairs (2 people per group) because it is easier to make the observations with two people looking instead of one.

The Smart Lunchroom Movement has shown that simple, low cost environmental changes can be employed to sway food choices toward more healthy alternatives; however, additional information is needed to determine if these behavior changes remain over time and has the potential to have life-changing impact on the next generation.

Contact SCFCL President, Debbie Calcutt for more info about this project at: gardener@ftc-i.net

Coastal District

Beaufort, Berkeley,* Charleston, Clarendon, Colleton, Dillon, Dorchester, Florence,* Georgetown,* Hampton, Horry, Jasper,* Marion,* and Williamsburg

Charleston County



(l to r) Helen Rollins, Doris Foust, Lyn Pichard help with making kits that are used by the 4-Hers during the fair in a club activity assisting the fair goers in making a "Friendship Pen".



(l to r) Betty Reed, Carolyn Weeks, Heather Kennedy and Betty Osgood from the Garret club assisted a 4-H club in preparing and assembling 100 "Friendship Pen" activity kits.

Greeting from Charleston County Family Community Leaders. Many of the club members were actively involved in preparing for the Coastal Carolina Fair in October. Open class exhibits as well as the 4-H club entries were checked in by FCL members. Members assisted in preparing the exhibits for judging, one served as a judge while others assisted the judges, ribbons were attached and show cases were filled with the exhibits. The same round of events was also held a second day as well when the bake goods were brought in to be checked in, preparation for judging and displaying.

During the Coastal Carolina Fair members were helpful in preparing for the Senior Citizens day at the fair. Tables needed to be set up and plastic coverings put on for the vendors. Several assisted in setting up and serving a refreshment table for the vendors during the day.

During the King Arthur Baking Contest, several members set up tables, checked in the contestants and their baked items and assisted the judges during the event.

Then, of course, members assisted in releasing exhibits the day following the last day of the fair.

Charleston County will host the Spring 2016 District meeting and are busy preparing for that event.

Hampton County

In 2015, the Hampton County FCL continued to meet monthly. We learned from the Educational Programs and enjoyed the fellowship of the members. We had two guest speakers to present programs. A local Beekeeper spoke to us about bees and honey and a longtime volunteer presented a very interesting view on volunteering in our community. Again, we collected food for needy families, supported our 4-H Program and Hospice with a monetary donation and provided personal care items to the local nursing home facility for their use as bingo prizes. We, also participated in the state projects of Pennies for Friendship, Nickels for Youth and Water Around the World. As usual, we had fun and laughs at our annual summer and Christmas Socials. 2016 is really moving along, we look forward to a good New Year.

Foothills District

Abbeville, Anderson, Cherokee,* Chester, Edgefield,* Greenville, Greenwood, Laurens, McCormick,* Newberry, Oconee, Pickens, Saluda, Spartanburg, Union and York

Greenwood County

The Fairview Club is/has been involved with a number of projects. Some of the projects are: in late March, 2015, we delivered two baskets of Easter Goodies to the Bowers-Rogers Home for Neglected and Abused Children (see picture); the club bought 3 water filters; collect pennies; purchased fans for the Salvation Army; an on-going project of food collection for the Food Bank of Ninety Six; each December we donate money to the Ministerial Association; every month some of our members visit Nursing Homes in Saluda and Greenwood counties; members rotate hosting meetings; sometime our group "test the restaurants" by having lunch.



(l to r) Jo Anne Coats, Hazel Rhodes, Peggy Rushton, Linda Ouzts, Dean Jones, Jean Howard, Jo Ann Eichelberger, Lillian Foshee, Carroll Foshee



Eat Local, Eat Healthy SCFCL Project in Common with NVON 2016 - 2018

National Volunteer Outreach Network, Inc.

The 2016-18 Project in Common, "Eat Local, Eat Healthy" will emphasize the local foods movement. Our food now travels an average of 1500 miles before ending up on our plates. This globalization of our food supply has serious consequences for the environment, our health, our communities and our taste buds. The local foods movement is a collaborative effort to build more locally based, self-reliant food economies. In 2007, locavore was the American Oxford Dictionary Word of the Year. Do you know what it means? A locavore eats food that is produced within 100 miles of their home, whether from farmer's markets, community supported agriculture or grow your own.

Visit: scfcl.com for more information and see what you can do to Eat Local, Eat Healthy.

In loving Memory

Beaufort County

Louise Allen
Hester Smalls

Dorchester County

Ceola McCants
Madge White

Richland County

Margie Branham
Rosa Dykes

2016 NVON Conference Registration
 “Touching Lives Worldwide” “Inspiring Women Everywhere”
 July 19, 20 and 21, 2016
 Marriott Bloomington-Normal Hotel and Conference Center, Bloomington/Normal, IL

Name (one form person) _____ Address _____
 City _____ State _____ Zip _____ Phone () _____ E-mail address _____
 Member _____ Guest _____ First Time Attendee _____ E-mail Registration Confirmation _____ Yes _____ No _____

Include a self-addressed stamped envelope if you would like a written registration confirmation.

I grant the IAHCE, NVON, the right to use, publish and copyright my image for educational program and publications, web sites and promotion of IAHCE, NVON programs. Yes _____ No _____ Signature _____

Choose a seminar/craft class you would like to attend by placing a 1, 2, or 3 in the space before the selection. Omitting the 2nd or 3rd choice does not guarantee placement in 1st choice. Tours and seminars will be filled as registrations are received.

Fees for craft classes are not included in the registration. You will pay the instructor when you attend the class.

CRAFTS: Tuesday, July 14 One Hour Classes

11am - 12pm
 _____ Beaded Spicer
 _____ Stampin' Up Card (2)
 _____ Zentanble Jewelry
 1 - 2pm
 _____ Post It Note Holder
 _____ Stampin Up Card (2)
 _____ Crochet Scrubbies

1 1/2 Hour Classes

9am - 10:30pm
 _____ Alcohol Ink Necklace
 _____ YoYo Flower Pin
 _____ Mini Album
 1:00 - 2:30pm
 _____ Alcohol Ink Necklace
 _____ Mini Album
 _____ Fabric Potholder

SEMINARS:

Wednesday, July 20, 2:00 - 3:00pm

_____ Better Breathing
 _____ Making Your Own Cleaners
 _____ The History of Wheat Weaving
 _____ Growing the Best Tomatoes
 _____ Don't Use a Bag, Use a Gift Wrap

Wednesday, July 20, 3:30 - 4:30pm

_____ Gift of Life-Organ Transplants
 _____ How to Prevent Credit Card Fraud
 _____ Raising Alpaca
 _____ Mari Mann Herbs
 _____ Preserving Family Photos

Thursday, July 21, 2:00 - 3:00pm

_____ Pass the Pink Packet, Please
 _____ Empty Calories? Or Not?
 _____ Tunisian Crochet
 _____ What do you Know about Hummingbirds?
 _____ Theater Make Up How To

Thursday, July 21, 3:30 - 4:30pm

_____ Putting the Magic into Sewing
 _____ Essential Oils 101
 _____ Cast Ons/Bind Offs - You Mean I Have a Choice?
 _____ Connecting Communities Through Food
 _____ Some Days...I Need a Hug!

REGISTRATION: (Deadline - June 15, 2016)

Full Registration	\$140.00	\$ _____
One Day Registration		
Tuesday, July 19	\$65.00	\$ _____
Wednesday, July 20	\$65.00	\$ _____
Thursday, July 21	\$65.00	\$ _____
Late Fee (postmarked after June 15)	\$10.00	\$ _____

TOUR FEE:

Tuesday, July 19, 7:30 am - 4:30pm		
_____ Abraham Lincoln Museum	\$60.00	\$ _____

SPOUSE/ FRIEND TOUR FEES:

Thursday, July 21, 7:30am-11:30pm		
_____ "Cruisin' with Lincoln on 66"	\$25.00	\$ _____

Total Fees Included \$ _____

Make Checks Payable to:

IAHCE

Mail Check/Money Order & Registration form to:

Sharon Middleton

2016 NVON Conference

1190 Chelsea Way

Decatur, IL 62526

For questions, e-mail or call:

Sharon Middleton

itole2@sbcglobal.net

217-877-7229

** _____ Special Dietary Needs _____ **

Meals are included in registration fee.

I will be attending the following:

_____ Tuesday, July 19, Illinois Night/Dinner
 _____ Wednesday, July 20, Lunch
 _____ Wednesday, July 20, Dinner
 _____ Thursday, July 21, Lunch
 _____ Thursday, July 21, Banquet

For complete conference information (hotel, tours, workshop descriptions, and craft workshops info) visit the NVON website:

nvon.org



Betty Buff, SCFCL Board Member Emeritus

received the

2015 SC Farm Bureau Distinguished Service Award

which is given in recognition

*for outstanding service and dedication to agriculture,
to her community and
to the SC Farm Bureau.*

SPRING CENTRAL DISTRICT MEETING

Hostess: Barnwell County FCL

Where: Edisto Research and Education Center
64 Research Road
Blackville, SC 29817

When: March 22, Register-9:30 Meeting-10:00 am

How much: Registration \$9 Meal \$6 Total \$15.00

Deadline for Registration: Friday, March 4

Payable to: Barnwell County FCL

Mail to: Katha Williams

2686 Highway 278
Barnwell, SC 29812

Bring: One door prize & one \$10 gift card per county

SPRING COASTAL DISTRICT MEETING

Hostess: Charleston County FCL

Where: Three Moons on a Cove Restaurant
917 Resort Street
Santee, SC 29142

When: March 24, Register-9:30 Meeting-10:00 am

How Much: Registration \$2 Meal \$15 Total \$17.00

Deadline for Registration: Saturday, March 12

Payable to: Charleston County FCL

Mail to: Doris Foust

4336 Covington Drive
N Charleston, SC 29415

Bring: One door prize & one \$10 gift card per county

SPRING FOOTHILLS DISTRICT MEETING

Hostess: Laurens County FCL

Where: Sam's Restaurant & Catering
610 N Woods Drive
Fountain Inn, SC 29644

When: March 14, Register-9:30 Meeting-10:00 am

How much: Registration \$4 Meal \$12 Total \$16.00

Deadline for Registration: Tuesday, March 1

Payable to: Laurens County FCL

Mail to: Bobbie Earle

P O Box 246
Laurens, SC 29360

Bring: One door prize & one \$10 gift card per county



... a message from the *President*

Hi Folks,

Happy New Year! I'm hoping this will be a great year for you and for SCFCL. We have new program lessons and new projects to work on. You don't want to miss your District Meeting to hear all the details.

Our Annual Meeting was a great success and we're looking forward to this year's meeting. You will hear more about it too!

Remember to check the SCFCL Facebook page to keep up with activities and announcements. If you have pictures or event details to post on it, please contact Pam Hanfland at: phanfland@gmail.com

See you at the District Meetings.

State Officers to be elected in 2016

President-elect

(1 year followed by 3 year term)

Foothills District Director

(3 year term elected at the Fall Foothills District Meeting)

If you are interested in serving this organization, download an Officer Nomination Form from the SCFCL web site then mail completed form to SCFCL President who will forward to the Nomination Committee Chair. Forms must be submitted to the Nomination Committee by July 1, 2016.

A Letter from SCFCL Advisor Lou Robinson

What a fabulous 2015!! Not only did the Clemson Tigers make it to the National Championship but SCFCL incorporated several major changes in 2015 and they were successful!

Changes were made to reports so that it would be less cumbersome for recordkeeping and there were no complaints.

The Annual Meeting format was changed to a one day meeting in a central location and the attendance was the largest since I have been serving as SCFCL Advisor.

Also, the District Meetings focused more on the good works of members in their communities and sharing ideas with others which created more excitement at our meetings. All of these changes were the result of a lot of careful thought and consideration for the future of SCFCL. As well as, the positive attitude of the board members, county presidents and members who were willing to take a bold step and try new ideas and break from the past in order to move SCFCL forward.

I am very proud of each and every one of you for your commitment to continuing the long tradition of making decisions based upon what is best for the future of SCFCL!



Find us on
Facebook

2016 SCFCL Officers

President

Debbie Calcutt
(803) 481-2208
gardener@ftc-i.net

Vice President

Sandra Humphrey-Ross
(803) 992-4578
shross2114@aol.com

Secretary

Willie Mae Lewis
(803) 470-0745
minlickislsc.net

Treasurer

Bobbie Earle
(864) 984-4088
bearle@prtncnet.com

Treasurer-elect

Linda Westbrook
(803) 789-5838
westcu2truvista.net

2016 Board Members

Central District Director

Pat Breznay
(803) 736-6535
pbreznay@sc.rr.com

Coastal District Director

Rosemary Armstead
(843) 871-1385
rarms3028@aol.com

Foothills District Director

Jean Westbrook
(803) 789-7095
redbarn@truvista.net

State FCL Advisor

Lou Robinson
(864) 646-3808
lou2.robinson@gmail.com

SCFCL
P O Box 264
Laurens, SC 29360

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Fall News and Views

Counties wishing to contribute articles to the Fall "News and Views" must have their articles to Pat Breznay by June 15. It can either be mailed to: Pat Breznay, 6 Valhalla Court, Columbia, SC 29229-3311 or e-mail to: Pat Breznay-pbreznay@sc.rr.com

Central

Bamberg
Calhoun
Kershaw
Lexington
Marlboro*
Orangeburg
Richland

Coastal

Beaufort
Colleton
Darlington*
Florence*
Horry*
Marion*
Williamsburg

Foothills

Abbeville*
Chester
Edgefield*
Greenville
Laurens
McCormick*
Oconee
Spartanburg
York

* Counties who are not active

For information about submitting articles visit: <http://www.scfcl.com>

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