



# South Carolina Family and Community Leaders EDUCATION LESSONS

## 2012 PROGRAM YEAR

### **YOUTH AND FAMILY ISSUES**

Money Smarts . . Managing and Saving Your Money  
The Subject No One Wants to Talk About - Funerals  
Who Am I? Where Did I Come From? – Basic Genealogy  
Basic Information Before Leaving Earth – Documents for Your Personal Life

### **ENVIRONMENTAL AND HEALTH ISSUES**

Less Toxic Insecticides  
Bathroom Safety  
Shedding Light on Home Energy Savings  
“Gardening to Feed the Body and the Soul”

### **NUTRITION AND FOOD SAFETY**

Cooking for One or Two  
Tasty, Safe Food Enjoyed in the Out-of-Doors

### **COMMUNITY DEVELOPMENT**

With These Hands - Heritage Skills  
SCFCL Award Books & the Seven Forms Used for Judging (It is suggested that this lesson be given in January, 2012)

### **STATE PROJECT 2011-2012**

#### **FCL Yards and Neighborhoods (FCLYN)**

SCFCL Members understand and promote sound environmental practices, encourage the creation and maintain attractive landscapes in local community and become familiar with nine major principles that can create and maintain beautiful lawns and gardens.

#### **4-H and FCL Making the Best Better –Together**

SCFCL Members are trained to become county and regional judges for the 4-H Communications Program (public speaking, record books, etc.) and will provide youth with a fresh perspective on how they can improve their written and oral presentation skills. SCFCL members will gain a better understanding of youth and the 4-H Communication program.

### **STATE PROJECT IN COMMON WITH NVON 2010-2012**

#### **NVON, LET'S TAKE OFF**

Take off what, why, where, when? Take off weight to avoid the problems associated with obesity. Each state will develop programs to raise the awareness of obesity and recognize ways to help combat the effects of obesity on the overall health of individuals.